1	Thursday, 31 May 2018
2	(10.00 am)
3	LADY SMITH: Good morning. Now we turn to another oral
4	witness, is that right, Mr MacAulay?
5	MR MacAULAY: Yes, good morning, my Lady. The next witness
6	wants to remain anonymous and she wants to use the name
7	"Tess" in giving evidence.
8	"TESS" (affirmed)
9	LADY SMITH: Please sit down and make yourself comfortable.
10	Are you happy with the position of that chair? Do feel
11	free to move it around if you're not, but one thing
12	I would ask you to is to make sure you're in a good
13	position for the microphone both so that the people
14	right at the back of the room and so that the
15	stenographers can hear you, because they listen to you
16	through the sound system.
17	A. Thank you.
18	Mr MacAulay.
19	Questions from Mr MacAULAY
20	MR MacAULAY: Good morning, Tess.
21	A. Good morning.
22	Q. The first thing I want to take from you is the year of
23	your birth, not the date of birth. Can you confirm for
24	me that you were born in 1961?

25 A. That's correct.

1	Q.	In the red folder in front of you you'll find your
2		statement. The reference of that for the stenographers
3		is WIT.001.001.8880. If I could ask you to turn to the
4		last page, at page 8899, can I ask you to confirm that
5		you have signed the statement?
6	A.	That's correct.
7	Q.	Do you also tell us in that last paragraph:
8		"I have no objection to my witness statement being
9		published as part of the evidence to the inquiry"?
10	A.	That's correct.
11	Q.	Do you also go on to say:
12		"I believe the facts stated in this witness
13		statement are true"?
14	A.	That's correct.
15	Q.	Tess, as I understand it, it was actually the inquiry
16		that made contact with you because your name had been
17		put forward to us on behalf of the Sisters of Nazareth
18		as someone who we might want to speak to. That's the
19		background, I think, to you coming to give your
20		evidence; is that correct?
21	A.	That's correct.
22	Q.	You are someone, although I think you do make some
23		criticisms of the regime we're about to discuss, you had
24		fond memories of your time at Nazareth House in

25 Cardonald.

1	Α.	Yes, that's correct.
2	Q.	And that summarises your position?
3	A.	Yes.
4	Q.	Before I come to that, can I just touch briefly on how
5		it came to be that you ended up in care at Cardonald.
6		As I understand from your statement, you come from
7		a family of seven siblings; is that right?
8	A.	Uh-huh, that's right.
9	Q.	And you were the youngest?
10	A.	Yes.
11	Q.	Because of your mother's illness, I think, and in
12		particular when she was giving birth to you, other
13		members of your family were put into care?
14	A.	Yes, that's correct.
15	Q.	What's your understanding as to that background?
16	A.	When my mother was pregnant with my sister immediately
17		before me, she was diagnosed with breast cancer, and she
18		was taken into hospital and had a mastectomy. I think
19		back then, they didn't have the same treatments that
20		they have nowadays, I think a mastectomy was basically
21		the treatment that she had and I think she believed that
22		once that had been done, things were okay and that she
23		was probably clear of cancer. So she continued to live
24		her life as normal. Then when she was pregnant with
25		myself, she fell ill towards the end part of the

1		pregnancy and was taken into hospital. And a couple of
2		days after she went into hospital, I was born. But she
3		was advised then that the cancer had returned and that
4		she was seriously ill.
5	Q.	Against that background, your siblings were put into
6		care, I think, at Cardonald; is that right?
7	A.	That's correct.
8	Q.	But you were not?
9	A.	No.
10	Q.	What's your understanding as to what happened to
11		yourself?
12	A.	At that time, because my mum was ill, I was also quite
13		a poorly baby, where to the point I was baptised shortly
14		after being born at the hospital and was kept in the
15		hospital for quite some time before I was then put into
16		what I believed was a council nursery until I was about
17		six months old. So that's basically what happened to
18		myself.
19	Q.	When I was saying your siblings were put into care,
20		I think you had a brother in fact who was not.
21	A.	That's correct.
22	Q.	Because he was a bit older than the others?
23	A.	That's correct.
24	Q.	Just looking to the information we can gather from the
25		records, it appears that you were admitted to

1		Nazareth House Cardonald on 1962 when you'd be
2		about six months old. Of course, you'll have no
3		recollection of that. Is that your understanding as to
4		what age you were when you were admitted?
5	Α.	That's correct.
б	Q.	And according to the records, you left Cardonald on
7		1973 when you'd be about 11. How does that fit
8		in with your own recollection?
9	Α.	Yes, I do remember leaving around about the tail end of
10		my primary education, so age-wise it would be about 10
11		or 11. Yes, that's correct.
12	Q.	Again, I think your understanding is that you were in
13		the nursery when you were at Cardonald and indeed you
14		may have been the youngest child taken into the nursery;
15		is that what you understand the case to be?
16	A.	Yes, that's what certainly my family have always said
17		to me that Nazareth House had never taken in young
18		babies before. It was my understanding that it was
19		generally toddlers from about 2 upwards, so it was
20		actually unusual for them to take a baby in and, so far
21		as I'm aware, I was probably one of the first babies to
22		actually be taken into care at that establishment.
23	Q.	Do you have any recollection at all then of being in the
24		nursery?
25	7	T have only get one gent of glear memory of being in the

25 A. I have only got one sort of clear memory of being in the

1	nursery at the time. I remember it being I was
2	definitely in the nursery because I was on the ground
3	floor when this incident happened. It's the only kind
4	of clear memory I've got of being in the nursery and
5	I don't know exactly what age I would have been, but
6	I must have been somewhere between 2 and 4. I remember
7	there was a woman who lived in the convent and she used
8	to help out in the reception area of the convent, and
9	I think her name was Mary I could be wrong, but
10	I think her name was Mary.
11	And she ran into it was one evening, it was dark
12	outside and I remember her I could hear her voice

12 outside and I remember her -- I could hear her voice 13 shouting, "Sister! Sister! There's a drunk man at the 14 reception". The sister was the sister who looked after 15 us at the time --

16 Q. Can you remember her name?

The only name that springs to mind from me being in the 17 Α. 18 nursery was Sister LFT. She obviously went away and then came back and came into the room that I was in and 19 20 shouted for me to get up because there was a man here to 21 see me. She says, "Your dad's here". I vaguely 22 remember that conversation but because of the way that Mary was, I didn't believe her and I didn't really --23 I was too frightened so I kind of hid under the covers 24 25 and didn't come up and just kidded on that I was

1 sleeping.

2	Q.	And you didn't see him?
3	A.	I didn't see him. They just gave up, obviously went
4		back and told him I wasn't awake or whatever. I don't
5		know what they said.
б	Q.	At a particular age were you moved from the nursery into
7		the older children's groups?
8	A.	Yes. It's usually about 4 or 5 years of age you moved.
9		I think it was when you were ready to start school you
10		went out of the nursery and moved into the main groups.
11	Q.	Was there a particular group you were moved into?
12	A.	I was in the green group.
13	Q.	You've mentioned your siblings already. Did you come
14		across your siblings at that time? Were they in that
15		group?
16	A.	Yes. All my sisters were put into the same group,
17		we were all kept together in the same group.
18	Q.	How many other sisters were there?
19	A.	There was five, plus myself, being six.
20	Q.	And you were all together in that group?
21	A.	We were all together in that group although we weren't
22		necessarily all in the same room.
23	Q.	I'll look at rooms in a moment. Can you tell me about
24		
		the group? There was you and your siblings; how many

1	Α.	There was three different groups and each group had
2		I could guess, it would definitely are more than 15, 15
3		to 20, 20 to 30, I really don't know the exact numbers,
4		but there was a lot in each group, I would say up to 20,
5		maybe just a bit more.
6	Q.	And was there a particular sister who was in charge of
7		your group?
8	Α.	When I came out of the nursery?
9	Q.	Yes.
10	Α.	I remember a Sister
11		out of the nursery.
12	Q.	We will perhaps get some understanding as to numbers if
13		you look at this document. It's NAZ.001.001.0265.
14		This is a document that has been submitted on behalf
15		of the Sisters of Nazareth and you'll see it's a list of
16		statistics of numbers of children and babies in the
17		Nazareth Houses. If we go to the very top, and we look
18		at the heading, we can see there's a section dealing
19		with Glasgow to the right. If we move towards the
20		bottom to, let's say, about 1966 and 1967, which is when
21		you'd be aged 4 and 5
22	Α.	Mm-hm.
23	Q.	can we see that, so far as girls are concerned,

24 according to this information, there were 61 girls in 25 1966 --

1	A.	Mm-hm.
2	Q.	and 52 in 1967. Do you see that?
3	A.	Yes.
4	Q.	We see the numbers of boys, much fewer boys.
5	A.	Mm-hm.
6	Q.	Was there an arrangement where boys would only stay to
7		a particular age and then be moved on?
8	A.	Yes, boys weren't there, I would say, when they reached
9		around about puberty age. The boys would either go back
10		home or go somewhere else. I think that's why my
11		brother didn't go in because my brother was too old.
12	Q.	Yes. You're telling us, I think, that you thought there
13		were you say there were three groups and you were in
14		the green group?
15	A.	Yes.
16	Q.	And the other groups, they had coloured names as well?
17	A.	Yes.
18	Q.	What were they?
19	A.	Yes, there was the green group, the red group and the
20		blue group.
21	Q.	You mentioned Sister LFL . Again, if I can look at
22		another document with you. You won't have seen this
23		before, but I'll put it on the screen. This is at
24		NAZ.001.003.1115.
25		You'll see that this is described at the top as the:

1 "Sisters' employment registers for Glasgow." We're given dates from 1929 through to 1985. So 2 again, this is material that's been sent in by the 3 4 Sisters of Nazareth. 5 If I can take you to perhaps page 1151. We're 6 looking -- unfortunately, names have been redacted, but we're looking here at a list that bears to be a list of 7 the sisters who were at Cardonald in 1965. Do you see 8 the date 1965 to the left? 9 10 A. Yes. Q. Unfortunately, it has been blacked out, but the second 11 name on the list is Sister 12 13 right, she's designated as having, as her employment, 14 "children"; do you see that? 15 Α. Yes. So at that time in 1965 she was seen to be looking after 16 Q. children? 17 18 Α. Mm-hm. 19 Ο. Going to the very bottom of this page, we can see there -- again, it's unfortunately been blocked out --20 a reference to a **LFS** , and then the word 21 22 "children" has been allocated to her. Do you remember a sister called Sister LFS or not? 23 24 A. I don't remember that name at all. If we move on to page 56 -- that's 1156 -- this is --25 Ο.

1		just to get a time frame, we're now looking at 1970 and
2		the list of sisters in 1970.
3		Again, unfortunately, this has been redacted, but
4		number 5 is reference to Sister <b>LFL</b> , "Group of
5		children", to the right, but you can see her name's been
6		scored out.
7	A.	Mm-hm.
8	Q.	Was there a point in time when Sister
9		was replaced by another sister?
10	Α.	Yes. I don't know exactly when she left, but she did
11		leave and the sister that came. I'm almost certain the
12		sister that came to replace her was a
13		Sister LHA .
14	Q.	If you move on to the next page on this document,
15		page 1157, and if we move down a little bit on the
16		page again, unfortunately, the name I want to get at
17		has been blacked out the third from the bottom on
18		that list is a reference to Sister
19		it's "Group of children". You can see again this is
20		1970. So you seem to have a fairly good recollection.
21		It seems to be the case that Sister <b>LFL</b> may have
22		left in about 1970 and was replaced by
23		Sister LHA .
24	Α.	Mm-hm.
25	Q.	Did Sister LHA take over your group at

1 about that time?

2	Α.	Yes. I must admit, I wouldn't have thought it was as
3		late as that, I would have thought it was a bit earlier
4		than that. Again, time frames I just know there was
5		a sequence of events and roughly that would be if
6		that's the timescales then yeah, but the exact dates I'm
7		not 100 per cent sure.
8	Q.	When you got into the green group then, having come from
9		the nursery, I take it you were able to socialise with
10		your sisters who were there already; is that right?
11	A.	When I moved into the green group, yes.
12	Q.	What contact did you have with your sisters before the
13		move when you were in the nursery?
14	A.	I don't exactly remember how much contact I had with my
15		sisters, but I know that a couple of my sisters used to
16		help in the nursery. When they were quite young, they
17		used to come into the nursery and help with the
18		children, really, in the mornings, before going to
19		school et cetera.
20	Q.	So you had contact with them at that time?
21	A.	Yes.
22	Q.	Can I just then get some understanding from you as to
23		the layout of the building from your perspective once
24		you were in the main building or in the green group.
25		Can you help me with that?

1	Α.	I don't know if you've got a map of the school or the
2		convent, but
3	Q.	I'll put a photograph on the screen for you. That's the
4		best we can do. That's at NAZ.001.001.0262.
5	Α.	Okay.
6	Q.	Pick the photograph you think is best for these
7		purposes.
8	Α.	The top one on the top left-hand side.
9	Q.	Okay, we'll focus on that one.
10	Α.	At the top left-hand side the main door in the centre
11		of the building, that was where the reception was. As
12		you went into the reception, the nursery was directly to
13		your my recollection is the nursery was directly to
14		your right-hand side as you went in through the
15		reception. There was a flight of stairs slightly off to
16		the right, which went up the middle of the building to
17		the two different floors above, but the nursery was on
18		the right-hand side as you went in to the convent.
19		On the left-hand side, as you go in, you have the
20		living rooms, but also some office space in there where
21		the nuns used to have small offices and I think, if my
22		memory serves me right, the Mother Superior's office was
23		probably on that floor towards the far end of the

left-hand side of that building before you get toa flight of stairs that takes you up to the top on the

left-hand side, and there was a flight of stairs on the
 right-hand side, the far right-hand side. So there were
 three flights of stairs either side and one in the
 middle.

5 On the middle floor, that's where all the nuns 6 slept. They had their rooms up on the middle floor. 7 Then on the top floor was the dormitories and, if my 8 memory serves me right, our dormitory was on the 9 right-hand side. As you look at the picture just now, 10 it was on the right-hand side and that's where the green 11 group were.

12 Q. What about the other groups?

A. I think the other groups were on the left-hand side.
There may have been some on the right, but I don't
recall. I think the red and the blue groups were on the
left-hand side.

Q. Can I ask you this: how autonomous were the groups? Bythat I mean to what extent did you mix?

19 A. We tended to mix predominantly at play, possibly at 20 mealtimes as well. But the rest of the time -- when you 21 were watching TV, each group had their own living room, 22 so they tended to stay in their own living rooms for 23 watching TV and that sort of stuff. But when you were 24 outside --

25 Q. And the sleeping arrangements I think you're indicating

	were set aside for each group?
A.	Yes.
Q.	Do I take it from what you are saying that there was
	a sister that would be in charge of each group?
A.	Yes.
Q.	Do you have any recollection over the period as to what
	other sisters may have been in charge of the other
	groups?
A.	I don't recall the names. There was one sister that
	I remember a name, who was in charge of one of the other
	groups, I can't remember which one. We called her
	Sister <b>LKE</b> . But it might have been
	Sister LKE . She was a lot younger from my
	memory than Sister
	Sister LHA . I think she was in charge of
	one of the other groups, but I can't remember which one.
Q.	I think you said in your statement she may not have been
	there very long.
A.	Yes, I don't remember her being there for too long. But
	I know that she was quite popular because she was young,
	she was fresh-faced and she was smiley. She was always
	full of joy and I know my dad liked her. My dad used to
	Q. A. Q. Q.

24 because he liked her because she was friendly. He

come up and he always asked to see Sister

25 always used to say hi.

23

1	Q.	If I can go back to the document I had the screen
2		a moment ago, NAZ.001.003.1157, it's the third name from
3		the top, which again has been blanked out. That name is
4		Sister <b>LKE</b> . She has been allocated a group
5		of children and you can see this is 1970. So that's the
б		sister you seem to have a recollection of?
7	Α.	Mm-hm.
8	Q.	And you've explained why?
9	A.	Yes, I've maybe got her name back to front.
10	Q.	She might have been referred to as
11		time.
12	A.	Yes.
13	Q.	What you say in your statement in connection with
14		Sister <b>LFL</b> and we've now tried to get a time
15		frame for her is that she was in charge of your group
16		and you describe her as being very strict.
17	A.	Yes.
18	Q.	Can you elaborate on what you mean by that?
19	A.	Well, she was strict in the sense that you were not
20		allowed to sort of if you were in church or if you
21		did something wrong, you knew that you were in trouble
22		because she would punish you depending on what you were
23		doing. I always remember her being extremely strict and
24		we had lots of things that we had to do as children and
25		she was always the one that put the orders down for us

1		to do certain things, like our chores and stuff like
2		that. So she was quite strict with everybody.
3	Q.	We'll perhaps look at some of the detail of that later.
4		Are you able to compare that regime with the regime
5		that followed on from her when Sister
6		took over your group?
7	Α.	Yes. I recall there was a complete change basically
8		when Sister LHA took over. She was a lot
9		mellower, she was milder, she was you could talk to
10		her. I just took to her quite easily. She was warming.
11		Although she didn't have the they weren't allowed to
12		sort of cuddle it's not they weren't allowed to, they
13		just didn't sort of cuddle or show you any true
14		affection, but I seemed to have that warmth from
15		Sister LHA that I didn't have from
16		Sister <b>LEL</b> .
17	Q.	And whenever it may be that she took over, was she there
18		when you left?
19	A.	No, but I can't remember who was.
20	Q.	Can I just look at some aspects of the routine with you
21		then, Tess? Let's look at bedtime first of all.
22	A.	Okay.
23	Q.	You tell us, I think, you generally went to bed quite
24		early, even in the summertime.
25	A.	Mm-hm. Yeah, I mean, from recollection, time I can't

1		put exact times on it, but in the winter we always went
2		to bed a little bit earlier and I always sort of timed
3		it around about what was generally on television at the
4		time because we usually would go to bed after certain
5		programmes. So I would say in the winter it was
6		somewhere between 7.00 and 7.30 we would be in bed.
7		In the summer, we were always in bed by about $8.00/8.30$ .
8		Because it was always light outside apart from the
9		winter obviously. But in the summer it was always light
10		and I always remember being in bed, but where the
11		bedrooms were you could see right across to the there
12		was a set of high-rise flats on the opposite side of
13		Paisley Road West and beside that was a small swing park
14		and I always used to see the kids playing over there and
15		we were in our beds, so I didn't like that.
16	Q.	Let's look at the food then. How did you find the food
17		there?
18	Α.	Very basic food, like school dinner type food. It was
19		just basic food, really.
20	Q.	Okay. If you didn't want to eat the food, was that
21		acceptable?
22	A.	Not really. You had to eat what food you had down on
23		your plate. I think they wanted to make sure that you
24		actually ate your food. I tended to eat most my food

25 but there were certain things I probably didn't eat that

1		I didn't like. So I remember a couple of times where
2		the food if you didn't eat it, you know, it would be
3		there for you when you came back to your next meal.
4		That would happen. It got to the point where, if you
5		knew you didn't like it, you just ate it anyway because
6		otherwise it would be there for your next meal, so you
7		kind of just held your nose and put it down and ate it.
8	Q.	Were you ever punished for not eating your food?
9	A.	I was never punished for not eating my food, but I would
10		just have to eat it the next time it was there, so you
11		just got round to eating it and accepted that you'd have
12		to eat it.
13	Q.	When I say punished, in some physical way, you weren't
14		punished?
15	Α.	No.
16	Q.	Did you ever see anyone else being physically punished?
17	Α.	Not that I remember.
18	Q.	Perhaps I should clarify. When you were having your
19		meal, were you having your meal with your group?
20	A.	Yes.
21	Q.	Just your group?
22	A.	There might have been other groups in there because the
23		dining rooms were quite big. So there might have been,
24		but I can't remember. I just know that you all sat in
25		your own groups, so there might well have been the other

1		groups there at the same time or it might have been
2		that they had sittings, that one group would come in and
3		then the other group. I remember it being quite busy so
4		I just assumed everybody was in there at the same time.
5	Q.	Can I take it from what you were saying that you were
б		never physically force-fed?
7	A.	No.
8	Q.	And did you ever observe any other children being
9		force-fed?
10	Α.	Not that I remember, no.
11	Q.	You also give us information in your statement, Tess,
12		about bathing, and I think what you say is you had
13		a bath about once a week; is that correct?
14	Α.	That's correct.
15	Q.	I think, when you were younger, privacy was a problem.
16	A.	Yes. There was only a few baths and generally, it was
17		one child in the bath, quick scrub, out, next one in the
18		bath, quick scrub and out again. Everybody was lined up
19		ready to go in or out. There was no sort of individual
20		bath space, not when you were young anyway. When you
21		got older, there was that and you had a bath later on in
22		the evenings.
23	Q.	Can you help me with that: what were the improvements

24 then in the privacy?

25 A. You were able to have your bath on your own -- but again

1		you had this quick time frame to have your bath, but you
2		were able to have your bath on your own.
3	LAD	Y SMITH: By that age did you get fresh water for your
4		bath?
5	A.	When I was older?
6	LAD	Y SMITH: Yes.
7	A.	Yes, I think so.
8	LAD	Y SMITH: Each person got fresh water then?
9	A.	I think so. I don't ever remember having fresh water
10		when we were younger unless you were the first person
11		in the bath, of course.
12	LAD	Y SMITH: Of course.
13	MR	MacAULAY: Just coming to when you were younger, if you
14		weren't the first person and you were a bit down the
15		queue, would the water be getting a bit colder by then?
16	A.	It would do with time, yes.
17	Q.	One point you make in your statement in connection with
18		your teeth, because I think you say that you didn't
19		you were never taught how to brush your teeth.
20	A.	No, it's probably my biggest nightmare of that place, my
21		teeth. My biggest vice is that I've got a terrible
22		sweet tooth. Again, that's probably down to being given
23		sweets a lot as a youngster. I don't ever recall being
24		taught how to properly brush your teeth, therefore
25		I didn't have very good teeth. But I also put that also

1 down to the fact that my bone structure was probably -because I was ill when I was young, it wasn't until 2 later on in life I was told by a dentist that I've got 3 4 very soft teeth and that could have been due to my 5 mother's illness. 6 But in the convent I don't ever remember being taught how to do my teeth. I might have brushed them 7 8 every now and again but not really to the effect that they were good, so I was at the dentist quite a lot. 9 10 Q. Clothing. How did you find the clothes when you were there? 11 I don't remember having brand new clothes. Most of the 12 Α. 13 clothes were second-hand. The school uniforms were 14 generally uniform that would have been handed in from school, where I think the local schools would have 15 16 people bring in old uniforms and that would be handed into the convent for us. 17 18 Q. Did you any difficulty, any embarrassment because of the

19

clothes that you were given?

A. Not really embarrassment. Whatever was on your beds
in the morning when you got up, that's what you wore for
the day. You had your school uniform, you had your
clothes that you played in, and obviously you had
something nice to wear on a Sunday. But I always
remember my shoes were always too tight. You wore your

1		shoes until they basically fell off your feet. So
2		I always had sore feet because my shoes were always too
3		small for me.
4	Q.	I think you do say in your statement that you've had bad
5		feet and you blame the shoes for that.
6	A.	Yes. It's not so bad now. Certainly when I was
7		younger, I always used to get a lot of pain in my feet,
8		so I did have bad feet and I remember when I came out,
9		my aunt took me to the doctor's and he just said that my
10		toes were kind of clods like that and that was down to
11		the fact that I was wearing shoes that were too small
12		and they weren't able to straighten out so much.
13	Q.	What was that down to? Was it down to the fact that the
14		shoes you had to wear were shoes that were in the home
15		and you just had to take what was there? By that I mean
16		you were never taken somewhere to be measured out and
17	A.	I don't ever remember being measured out. I think it
18		was a case of you got a pair of shoes, you tried them
19		on, if they fitted you, that was it and you had those
20		shoes until you were done, basically.
21	Q.	So far as schooling was concerned you went to the local
22		schools, is that right
23	A.	Yes.
24	Q.	the primary school? Did you leave before it was time

25 to go to secondary school?

1	A.	No, the first school I went to was the school across the
2		road, which was Lourdes Primary School. But I only went
3		there for a couple of years. Then the Glasgow District
4		Council built a new school around the corner, which was
5		Our Lady of the Rosary, and I went there until I left.
6		Also when I left, I used to travel back to that school
7		to finish that term. So when I left the convent I was
8		still at school and I used to travel back from one end
9		of Glasgow of the other to go to that school until I was
10		at secondary.
11	Q.	Of course, that was an era of corporal punishment in
12		schools
13	A.	Yes.
13 14	A. Q.	Yes. where you'd get the strap if you misbehaved. But
14		where you'd get the strap if you misbehaved. But
14 15		where you'd get the strap if you misbehaved. But looking at it in the round, did you find school to be
14 15 16	Q.	where you'd get the strap if you misbehaved. But looking at it in the round, did you find school to be a good, positive experience?
14 15 16 17	Q.	where you'd get the strap if you misbehaved. But looking at it in the round, did you find school to be a good, positive experience? I enjoyed school. I enjoyed school all the way through,
14 15 16 17 18	Q. A.	where you'd get the strap if you misbehaved. But looking at it in the round, did you find school to be a good, positive experience? I enjoyed school. I enjoyed school all the way through, even through big school.
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25 A. Generally, most days when you got out of bed, you had to

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make sure your bed was made and tidy before you went for breakfast and then when you went to breakfast or during mealtimes you'd be clearing up, washing the dishes, et cetera, and setting the tables up for the next meal.

5 On the weekends we used to do quite a lot of chores on a Saturday before the afternoon -- most of the chores 6 were done in the morning. We used to -- the corridors 7 were tiled, the small thing, long tiles. The floors 8 9 were wooden parquet floors, so you used to have to clean 10 the walls and polish the floors. That was a chore that was given to everybody, but it was done in little 11 groups. So you'd have the older ones that would be 12 13 putting the wax on the floors, and then some of the 14 older ones and the next older ones had what was --I don't know what they're called, it was like a big 15 16 square hammer-type head thing with a cloth on it, with 17 a brush, and you used to swing that. That would kind of 18 give it a semi-polish and then all the younger ones would put rags on their feet and they'd just go up and 19 20 round and rub and it'd get to the point where it was 21 really shiny and slidey and we just used to play on it, 22 really.

Q. How long would the task take, the whole task?
A. Usually a good couple of hours. It was usually most of
the morning you'd be doing stuff like that.

1 And you say also that you'd have to clean toilets. Q. Yes. I vaguely remember sort of cleaning out -- just 2 Α. washing round the sinks and the toilets and stuff like 3 that. 4 Q. And at that time, before Sister LHA came 5 6 on the scene, and you tell us a bit about that and we'll 7 come to that, were you conscious of there being lay staff there? 8 A. I don't remember them being there that early, but I do 9 10 remember them coming in. I can't remember when they came in, but yeah, there were definitely lay staff there 11 but exactly when they arrived, I'm not 100 per cent 12 13 sure. 14 Q. Looking to the sisters themselves, did they do chores so 15 far as you could see? 16 I don't recall them doing chores -- except, sorry, there Α. 17 was in the kitchen, I know there was nuns that used to 18 do some cooking in the kitchen but other than that 19 I don't remember them doing anything else. Q. We've talked about the change in regime with 20 21 Sister LHA . Did the nature of the chores 22 that you did change after she came on the scene? Mm-hm. I think you always still kept your bed space 23 Α. 24 tidy, but I don't remember, as I got older, doing the washing of the floors and stuff like that and toilets 25

1 and things like that. You had a TV room; is that correct? 2 Ο. That's correct. 3 Α. 4 Ο. Again, did I understand you to say earlier that the 5 groups had their separate TV areas? 6 Α. That's right. 7 Ο. Was TV readily accessible to you? It was in the evenings. Just after when you came home 8 Α. 9 from school you were allowed to watch TV just before 10 dinner and after dinner you could watch TV as well. We 11 tended to watch TV in the winters than in the summer because in the summer you were always outside playing. 12 Q. That's something you tell us, that there were different 13 14 play areas where you could play. You also mention that you had toys to play with; is that right? 15 16 Α. Mm-hm. Can you tell me what sort of toys you had available? 17 Ο. 18 Α. It was just basically what was in the toy box, what was in the room. More than likely it would have been stuff 19 20 that would have been either handed in or stuff that 21 maybe would have been part of Christmas presents or birthday presents that were there that were there for 22 23 everybody to share once they were given. 24 Q. You also touch upon pocket money in your statement; what's your recollection of how that was managed? 25

1 I remember we used to queue up for our pocket money. Α. You used to get it -- I think it was a Saturday morning 2 you would get your pocket money. Obviously, that was 3 4 one of the things that if you didn't do a chore or if 5 you were a bit naughty, sometimes you wouldn't get your pocket money. But your pocket money, I don't know, 6 7 tuppence or whatever it was at the time, would be given 8 and you'd head off down to the shop in groups, the wee 9 corner shop not far from the little post office where we 10 used to go and spend our pocket money. Q. What you say in your statement is that regime was 11

12 certainly in place when Sister LHA was 13 there, but you don't remember that with

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- 14 Sister LFL
- A. No, I don't. It may well have been there, but I don't
  remember when that started. I remember it more clearly
  when Sister LHA was there.
- Q. You also give us information in your statement aboutwhat trips you had.
- 20 A. Mm-hm.
- Q. You seem to recollect you had a number of different
  trips to different places --
- 23 A. Yes.
- 24 Q. -- including a around Scotland?
- 25 A. Yes.

1 Q. Did you go on that ? I was. There was press at that, so there were pictures 2 Α. of it as well. It was at the time of 3 , which I don't think exists any more, 4 and I don't know how they managed to get the trip, but 5 they organised a trip and round Scotland 6 7 somewhere. We were only for about half an hour, an hour, and then we went back to the convent, 8 but I do remember that trip. 9 10 Q. Can I ask you about Christmas: was Christmas celebrated? Christmas was celebrated, yes. 11 Α. 12 Ο. Can you explain what happened? 13 Α. There were lots of different things happened at 14 Christmas. There was always a trip, probably even two or three trips round Christmas. At times you would go 15 16 and see the lights -- there was a bus that would come 17 and pick you up and take you round, basically drive 18 round where all the Christmas lights were. You'd head 19 into town, you would drive round George Square, which was all decorated, and then eventually you would head 20 21 back to the convent. I always remember that trip 22 because there was always a -- everybody would be handed out little white mice that you used to have. I clearly 23 24 remember that on that trip.

25

There were always the Christmas parties that were

1		held again in town on Argyle Street in one of the big
2		stores it would either be Arnotts or Lewis's or one
3		of those shops. But I always remember there were lots
4		of different children there from different homes and,
5		basically, you would just have a party, Santa would turn
6		up, you'd get a gift, and then you'd obviously go back
7		to Nazareth House after that.
8		I think there was the odd occasion we maybe went to
9		a pantomime, but that was Christmas. So Christmas was
10		quite good for trips.
11	Q.	And birthdays, were birthdays celebrated?
12	Α.	I remember the odd birthdays being celebrated, uh-huh.
13		I remember that more when I was older. I don't remember
14		so much when I was younger but I do remember when I was
15		older they used to sing "Happy Birthday" and you'd have
16		a cake and you might have the odd present that you got
17		from family.
18	Q.	Insofar as family were concerned, did your family come
19		to visit you when you were there?
20	7	I was told that my mother came to visit us before she

A. I was told that my mother came to visit us before she died, a couple of times, but my dad used to come quite regularly. He used to come both at visiting time, which I think was once a month on a Sunday, and every now and again my aunt would come, one of my dad's sisters would come and visit as well. My dad used to come outside

1		visiting hours as well: he used to just turn up out of
2		the blue.
3	Q.	You mentioned your mother again and I should have taken
4		from you that your mother died shortly after you were
5		born in 1962.
6	Α.	That's right, she died in <b>of</b> 1962.
7	Q.	You tell us in your statement that your father paid
8		money to Nazareth House on a monthly basis
9	Α.	Yes.
10	Q.	and your understanding was he was paying that money
11		so that you'd be kept together within Nazareth House;
12		is that right?
13	Α.	Yes. I mean, again, having had conversations with my
14		sisters through my life, I was advised that dad used to
15		sort of he paid money to Nazareth House it was
16		either a donation or whatever, to the convent, and there
17		was clear a understanding that mum had said, no matter
18		what, the girls have got to stay together, I don't want
19		them to go anywhere else. Dad followed that through to
20		make sure that we stayed together as a family whilst
21		we were in the convent.
22	Q.	Because you were different ages then some of your
23		siblings would have been leaving as time was moving on;

24 is that right?

25 A. Yes, that's correct.

1 Q. You also tell us that you were taken out by a particular lady to her home. Would that be for a weekend? 2 It used to happen -- I think it was about once a month 3 Α. 4 I'd be taken out by this lady, who, I believe, and 5 I fully believe, that she was probably wanting to adopt me because it was always me she took out, she never took 6 7 anyone else, and I remember exactly what we used to do. 8 It was the same routine every weekend. We'd go back to her house -- she lived with her mum and dad, she and her 9 10 boyfriend.

I used to stay there at the weekends. She'd come on a Friday, we'd watch Bonanza -- that was the sort of the thing that was on on a Friday night, I remember that. Then we would do something during the day on a Saturday, and on a Sunday I'd go back to the convent after we'd been to Mass.

Q. One thing you do say in your statement is that youlooked forward to going back to the convent.

19 A. I did, I enjoyed being out, being taken out, because you 20 were kind of spoiled, so I quite liked that. But 21 I always wanted to go back because that's where my 22 family were and that's all I knew, really, that's where 23 my sisters were, that's where my friends were. I wanted 24 to go back because I had a funny feeling that she wanted 25 -- and I didn't want to be away from my family.

1	Q.	You mentioned friends. Were you able to make friends,
2		leaving aside your sisters, in the convent?
3	Α.	Yes. Everybody in your group were friends. Obviously,
4		when you're mixing with lots of children, there was
5		always children there that were nice to you and others
б		that weren't so nice to you. So you had different
7		relationships with friends, as you do anywhere, really.
8	Q.	What about official visits, let's say from what one
9		might see as a social worker or someone in an official
10		capacity? Do you remember any such visits?
11	Α.	No, we weren't we didn't have a social worker.
12	Q.	Is that because of the arrangement you told us about?
13	Α.	I think so. I don't ever recall our family being under
14		the social work system at all.
15	Q.	Can I then move on, Tess, and ask you about discipline
16		and how discipline was managed. Can you give me an
17		overview as to what your recollection of that aspect of
18		life is?
19	Α.	Again, as I said earlier on, it was quite strict. If
20		you did anything wrong, in the younger years I do
21		remember getting the odd clip round the head and the odd
22		cane, but not I didn't get the cane that much.
23		I knew other children were getting the cane, but I did
24		get the cane and I got the cane a lot at school because

25 I was quite cheeky and boisterous, I was a bit of

1		a tomboy, I was always getting up to no good.
2		Predominantly the punishments I remember getting for
3		me was getting sent to bed early, but there was the odd
4		occasion I got a clip round the ear.
5	Q.	On those occasions who did the clipping?
6	Α.	My recollection would have been Sister
7		time.
8	Q.	And the cane?
9	Α.	Again, Sister LFL
10	Q.	Just so I can understand what the cane was, what was it?
11	Α.	Just a stick, a long thin stick, but at school it was
12		a belt.
13	Q.	Yes. Was there a particular part of the body that the
14		cane was used to hit?
15	Α.	Just generally the hands.
16	Q.	You do say that there were others who got more of the
17		cane than you did?
18	Α.	Yes.
19	Q.	Are you talking about others within your group?
20	Α.	Yes.
21	Q.	What knowledge did you have as to how discipline was
22		being managed in the other groups?
23	Α.	Generally, I didn't see a lot of the other groups other
24		than when you were out playing. So when they were in
25		their groups, you didn't see what was going on in those

1		groups. It's only within your confined group that
2		I would sort of say I could speak on because I wasn't
3		sure what was going on in the other groups.
4	Q.	Can I ask you about bed-wetting
5	A.	Mm-hm.
б	Q.	because you do tell us about that in your statement?
7		Did you ever wet the bed?
8	A.	I recall one incident of wetting the bed. I may have
9		done it more than once, but I definitely recall one time
10		wetting the bed.
11	Q.	What is your recollection of that particular incident?
12	A.	I remember waking up in the middle of the night and
13		realised that I'd wet the bed and got into a bit of
14		a panic because I knew that bed-wetting wasn't
15		acceptable and that if you got caught wetting the bed,
16		it wasn't good for you because you'd have to hold your
17		sheets and stand in the corner, et cetera. So I got out
18		of my bed and I went over to my sister and told her that
19		I'd wet the bed and she stripped my bed, she knew where
20		there were clean sheets, so she put a clean sheet on my
21		bed and she hid the wet sheet behind a cupboard, and
22		basically I got away with it.
23	Q.	So you weren't caught?

A. I wasn't caught, no.

25 Q. But there were children who were caught?

1	A.	Yes.
2	Q.	What happened to them?
3	Α.	Generally, you had to wash your sheets, but you tended
4		to sort of either you were put in a corner, you'd
5		stand in a corner for a bit.
6	Q.	With your sheets?
7	A.	With your sheets, so everybody knew you'd wet the bed.
8		Again, that was in the early days. I don't ever
9		remember that happening with Sister
10	Q.	But that particular procedure would result in the
11		children standing there for a little bit of time and
12		others would know they were children who had wet the
13		bed?
14	A.	Mm-hm.
15	Q.	How did you feel about that at the time?
16	A.	I think that's what you were always a little bit nervous
17		of making sure you didn't wet the bed. I don't really
18		understand why that happened, I don't know whether they
19		thought that would train you to not wet the bed, but it
20		probably had the adverse effect and made you more
21		nervous.
22	Q.	What you say in your statement this is at
23		paragraph 52 is that:
24		"Serious discipline from the nuns meant the cane and
25		that is when somebody did something wrong, such as

1		bed-wetting."
2		Were children caned for bed-wetting?
3	A.	Yes, I think so.
4	Q.	Running away. You never ran away?
5	Α.	No.
6	Q.	Were you aware that there were children who did run
7		away?
8	Α.	Yes.
9	Q.	Can you say how regular an occurrence that was?
10	Α.	I couldn't say how regular but it wasn't overly regular,
11		but I do remember at least two of the children that were
12		in your group who were regular runners. They'd just run
13		away.
14	Q.	Do you know why they were regular runners?
15	Α.	Just being either rebellious or had been naughty and
16		just didn't like what was you know, living there.
17		I think they'd come from sort of hard backgrounds and
18		they just didn't like the place. As I say, there were
19		children that were sort of treated worse than I was, so
20		therefore they may well have been in that position and
21		left for that reason.
22	Q.	Do you know what would happen to them on their return?
23	Α.	Not really. You just knew that they were there, they
24		came back.
25	Q.	You touched upon something there, actually, that there

were children who may have been treated differently from
 you.
 A. Mm-hm.
 Q. That's something you do talk about in your statement,

because what you say is that there were lots of kids
from lots of difficult backgrounds:

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"My family's situation was unique."

Can I just understand what you mean by that?

I think it was -- when I look back on things, I think it 9 Α. 10 was unique from my perspective because we were kept together. We were -- I think dad paid a contribution to 11 12 the convent so I think they wanted to, you know -- he wanted to make sure that we were looked after and that's 13 14 probably what was happening. That's my only assumption 15 on that. I can only make an assumption, I can't say for 16 definite.

But I was mischievous when I was there, but I wasn't -- I don't consider myself to be ... I wasn't naughty to the point of constantly getting punished, but other kids were naughty in different ways, but at the same time I think we were just being children, as you do.

Q. Looking back then on your time at Nazareth House, one
thing you say is that what may have been considered
discipline then may now be seen to be abuse.

A. Mm-hm.

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Can you help me with that? What do you mean by that? 2 Ο. I think this goes -- you know, when I look at the whole 3 Α. picture of schooling and Nazareth House and places like 4 5 that, it was ... Bearing in mind I didn't know anything else, I didn't have a life outside Nazareth House until 6 7 I had gone 11 years of age, so that was all I knew. When I went to school, people got the belt -- it wasn't 8 just the convent children that got the belt it was 9 10 everybody that was naughty at school if they didn't do their homework, if they didn't do anything they got the 11 12 belt, so therefore to me that was the sort of corporal 13 punishment that was delivered in schools and obviously 14 in Nazareth House as well.

So it was all I knew. As time's rolled on and systems have changed and the schoolings have changed, you know, you start to understand actually that was not the right way to sort of manage children. If you want to ensure children behave, you educate them, you work on their behaviour.

Q. You do tell us -- and you've already touched upon this, Tess -- that from your perspective there were two eras at Nazareth House: there was the Sister LFL era and the LHA era. What you say is: "They were like night and day."

A. Mm.

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Again, perhaps you could just elaborate upon that. 2 Ο. It was ... From my recollection of it, it was just 3 Α. I just seemed to have a more relaxed time. I wasn't as 4 5 nervous when I was older because I wasn't ... When you were in the Sister **LFL** era, you were always 6 7 conscious of what you were doing and how you were doing 8 it because you knew that if you did something wrong, you know, you weren't -- it wasn't favourable for you. But 9 10 then within Sister LHA time, I remember I didn't have that feeling. Therefore, for me, it was 11 a different sensation and care. 12

Q. Can I take you then to when you left. You left in about
14 1973 when you were about 11. When you left, did you
15 leave with any other siblings or were you the last to
16 go?

No, no. We left when my sister that's two -- the last 17 Α. 18 three, the younger three, when the third was oldest, when she turned about 15/16, we were taken back to the 19 family home at that point in time. I don't know whether 20 21 it was the sisters had said, right, it's time for you to go home, or whether it was dad, but I've got a funny 22 feeling it was the sisters and not dad, because dad 23 24 always worked away and I would imagine he would have 25 preferred us to stay where we were, because it would

1 have meant he was going to have to start looking after us again. 2 Q. What you do tell us is that, for example, one of your 3 4 sisters who you mention in your statement -- we don't 5 have to mention her name -- she hated Nazareth House. Yes. My sisters had different recollections of it. 6 Α. 7 I think they have different recollections because they lived at home before mum died, so they knew what family 8 life was like and they've kind of got that comparison to 9 10 living at home where you've got a mother and father and love, albeit that it was strict because dad was strict 11 12 and he was the disciplinarian in the house. But 13 I didn't know anything else.

So I know, having spoken to my different sisters over the years, I know that my sister that was next to me wasn't happy there at all. She wore glasses when she was younger and back then it was the old corporation glasses that weren't very pretty. She had a bit of

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I remember one particular time -- and I'm sure it was this sister that this happened to because I remember the conversation where I think she'd done something wrong that day and she got sent out to go up to the

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choir in the church and get some hymn books and bring them back to the group, the choir.

The church -- it was winter, so it was dark, and she 3 4 went up the stairs to the choir and the church was only 5 lit by the moonlight, so all she could see was the light 6 coming through the windows. She picked up the books and 7 as she was going out of the church, she noticed that there was a coffin, an open coffin down at the front 8 9 at the altar, with four candles, and that freaked her 10 out. I remember her getting really upset about that. Do you think that was something that was done 11 Ο. 12 deliberately?

- A. She certainly thinks that and I can only go from what
  she says, so I believe what she said, that she felt that
  they knew she was going somewhere and she was going to
  possibly see something that would stick in her memory
  and she does remember it to this day.
- Q. In any event, your position is you have fond memories,
  although I think you're telling us that your sisters
  would have different memories --

21 A. Yes.

22 Q. -- and possibly bad memories?

A. Yes. I think one of my other sisters might have had -I mean, she probably has mixed views, but I know she was
quite popular when she was there, so she might not have

1		had the same recollections as some of the others
2		that's my second sister to me. She was quite popular
3		when she was younger.
4	Q.	In paragraph 72 you sum up those years of your life and
5		you say it was strict but there were still lots of happy
6		memories.
7	Α.	Absolutely.
8	Q.	As far as life after care was concerned, without looking
9		at the detail of that, I think you went and developed
10		a career in the British Transport Police.
11	Α.	That's correct.
12	Q.	"Lessons to be Learned" then, if we can look at that.
13		What do you think you missed, if I can put it that way,
14		from your time in care?
15	A.	It's probably worth pointing out that you knew them
16		as lay staff, I just knew them as people that looked
17		after us when they were there. I didn't have any
18		recollections of any sort of times where I was unhappy
19		when they were there. There was that sort of care,
20		which I thought was good compared to what would happen
21		with some of the nuns and I do remember those people
22		quite fondly.
22		I would gave that going forward there has to be

I would say that, going forward, there has to be some sort of training regime. I think a lot of the -possibly the reason why things weren't the way they were

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1 because there didn't appear to be maternal instinct, which I think, when you're looking after children, there 2 3 has to be some form of care, affection, one-to-one 4 conversations, you know, if you're not happy, that you 5 get -- that they understand why you're not happy and try and resolve that in some shape or form. I don't think 6 7 that was happening. I think it's really important that 8 you have one-to-one care of a child and that training around health and the well-being of children is really, 9 10 really important if anybody's to look after children, and no matter what case, be it in foster case, be it in 11 a children's home, be it at schools. 12

13 I think possibly in some respects we maybe go too 14 far to the one point where teachers aren't allowed to 15 give a child a cuddle when they're upset because of fear 16 of being accused of things. So I think in some respects 17 we might have gone a bit too far in that area because 18 sometimes all you want is a cuddle and a little bit of affection just to calm you down if you're feeling upset 19 and I think we've kind of lost that a little bit. 20

21 Q. One thing you also say is:

22 "Children who come out of care, for them there has
23 to be a plan as to how they move on from that."
24 A. Yes. It's one of the things I do remember, when we came
25 out of Nazareth House, although my gran didn't live far

1	away from us I used to go to my gran's after school,
2	but I didn't live with my gran, I lived at home, and
3	although we did do chores, it still didn't really set us
4	up for living in a house where you had to do the
5	cooking, you had to do your own cleaning and all that
6	sort of stuff, your own shopping, because dad wasn't
7	really there, it was just me and my two sisters the
8	others had left by then, they'd gone, and I was still
9	sort of $11/12$ . I left that school and went to a primary
10	school in Dennistoun, and then went to secondary school.
11	So I got all my secondary schooling at home and really
12	was kind of left to our own devices.
13	Q. And that sort of life training you didn't get when you
14	were in the convent?
15	A. No.
16	MR MacAULAY: Very well, Tess. Thank you very much indeed
17	for coming to give your evidence. I have asked all the
18	questions I want to ask and all the questions I have
19	been asked to put to you.
20	LADY SMITH: Can I check whether there are any outstanding
21	applications for questions of this witness? No.
22	Tess, there are no more questions for you. Could
23	I just thank you for responding to our request to you to
24	engage with us and for providing the written statement
25	that we have and coming along today to give your oral

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1
             evidence. It has been really helpful to hear from you
             about your experience in Cardonald and I'm now able to
2
 3
             let you go. Thank you.
 4
         A. Thank you.
5
                             (The witness withdrew)
 6
         LADY SMITH: Mr MacAulay.
7
         MR MacAULAY: My Lady, the next witness is programmed to
             start after the break, at quarter to, but it may be if
8
9
             she's here we can start a bit earlier and perhaps
10
             your Ladyship would consider adjourning.
11
         LADY SMITH: If we have a short break now and you can check
12
             the position.
         (11.04 \text{ am})
13
14
                               (A short break)
15
         (11.30 am)
16
         LADY SMITH: Mr MacAulay, do we have the next witness now?
         MR MacAULAY: We do, my Lady. The next witness is an
17
18
             applicant and her name is Paula Chambers.
                            PAULA CHAMBERS (sworn)
19
20
         LADY SMITH: Paula, please sit down and make yourself
21
             comfortable. If you need to move around to get the
             chair in the right position, do feel free. One thing
22
             that's important is to make sure you're in a good
23
24
             position for the microphone. It will make it easier for
25
             you. It also means that everybody can hear you,
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1		particularly the stenographers who actually pick up what
2		you're saying through the sound system and will be able
3		to make it all out. I'll pass over to Mr MacAulay and
4		he will explain what happens next.
5		Questions from Mr MacAULAY
6	MR I	MacAULAY: Hello, Paula.
7	Α.	Hello.
8	Q.	The first thing I want to confirm with you is your date
9		of birth. Can I confirm that you were born on
10		1973?
11	Α.	Yes.
12	Q.	In the red folder in front of you, you'll find your
13		statement. Can I ask you to look at that? I'm going to
14		give the reference of it to the stenographers and that's
15		WIT.001.001.9096.
16		If I could ask you to look at the very last page,
17		and that's page 9134, can I ask you to confirm, Paula,
18		that you've signed the statement.
19	A.	Yes.
20	Q.	If you look at the last paragraph of the statement, do
21		you say there:
22		"I have no objection to my witness statement being
23		published as part of the evidence to the inquiry"?
24		Is that right?
25	Α.	Yes.

1	Q.	Do you also go on to say:
2		"I believe the facts stated in this witness
3		statement are true"?
4	A.	Yes.
5	Q.	Paula, can I begin by looking briefly at your life
6		before care. Before I ask you questions about that and
7		about other matters in connection with your evidence,
8		can I say this to you, that if I ask you a question and
9		you can't remember let's say it's about a date, for
10		example just say, "I can't remember". There's no
11		problem with that. Do you understand that?
12	A.	Yes.
13	Q.	Likewise, if something comes to mind when you're giving
14		your evidence that you haven't mentioned in your
15		statement and you think it might be relevant, then just
16		feel free to tell us about that.
17	A.	Yes.
18	Q.	I think you come from a large family; is that correct?
19	A.	Yes.
20	Q.	Before you were taken into care, you were quite badly
21		treated by some members of your family; is that fair to
22		say?
23	A.	Yes.
24	Q.	Indeed, your mother also was not particularly nice
25		towards you.

1	Α.	No.
2	Q.	Was that the background then or part of the background
3		at least as to you ending up in care?
4	A.	Yes.
5	Q.	I think from what you tell us in your statement, the
б		first place you went to was a place called Coylton
7		Children's Home in Ayrshire; is that right?
8	Α.	Yes.
9	Q.	Were you from Ayrshire?
10	Α.	Yes.
11	Q.	What age do you think you were at that time?
12	Α.	About 6 or 7.
13	Q.	What you tell us in your statement at least is that you
14		thought you were there for about a couple of months or
15		so; is that right?
16	Α.	Yes.
17	Q.	After that, did you go back home?
18	A.	Yes.
19	Q.	Again, when you went back home, were you again being
20		badly treated by members of your family?
21	Α.	Yes.
22	Q.	Because of that, did you end up in foster care?
23	Α.	Yes.
24	Q.	I think you say in your statement that may have been
25		when you were about 8 or 9 years of age.

1	Α.	That's right.
2	Q.	You may have had more than one foster care placement; is
3		that correct?
4	A.	Yes, two.
5	Q.	Against that background, did you end up being sent to
б		Nazareth House in Cardonald?
7	A.	Yes.
8	Q.	When you were sent there, Paula, from your foster
9		parents that you were then with, did they give you some
10		items to take with you to the home?
11	A.	Yes.
12	Q.	Can you tell us about that?
13	A.	They gave me some, like, new pyjamas, wee bits of
14		toiletries, stuff like that, a hairbrush, little bits
15		and pieces in the suitcase, wee books, a couple of play
16		toys, and things like that.
17	Q.	And were these foster parents kind to you?
18	A.	Very.
19	Q.	You have good memories of them?
20	A.	Yes.
21	Q.	Can I just say this to you: these are dates that we can
22		take from the Sisters of Nazareth records and, according
23		to the records, you were admitted to Nazareth House
24		Cardonald on 18 November 1983. I'll come back to that
25		date in a moment. You left on 20 December 1984, when

1		you'd be aged about 11.
2		Let's look at the last date, so far as leaving
3		Nazareth House Cardonald would be concerned, do you
4		think you were aged about 11 when you came to leave?
5	Α.	Maybe about 12.
6	Q.	You think 12?
7	Α.	Eleven, 12.
8	Q.	What about when you got there? What age do you think
9		you were when you got there?
10	Α.	Nine.
11	Q.	That would mean that you'd be there in about 1982?
12	Α.	Yes.
13	Q.	When you got there, what's your first memory of being
14		there?
15	Α.	I was very kind of like frightened because, like,
16		driving in, in the big building, was quite kind of
17		like not like a big castle, but
18	Q.	Did you find it intimidating?
19	Α.	Aye. It was like: what's this place? Because I'd came
20		from a normal house, like a children's home, to this big
21		kind of haunted house.
22	Q.	Who took you there on that first day?
23	Α.	Jill Evans.
24	Q.	Was she a social worker?
25	Α.	Yes.

1	Q.	Was she a social worker that you had contact with over
2		the period that you were in Nazareth House?
3	A.	Yes.
4	Q.	When you then got into the building itself, did
5		Jill Evans go in with you?
6	A.	Yes.
7	Q.	And who did you meet when you got there?
8	A.	Sister LHW .
9	Q.	Was Sister LHW somebody that was in charge of you
10		over your time in Nazareth House?
11	A.	Yes.
12	Q.	Can I ask you a little bit about the set-up then? Can
13		you remember how many children there were at
14		Nazareth House at the time you were there in the early
15		1980s?
16	A.	About 18.
17	Q.	Because I think by then the numbers had been dwindling
18		down; there had been many more before that. Were you in
19		a particular group?
20	A.	No. It was just like a lot of the children were
21		brothers and sisters or, like, two sisters. I was the
22		only kind of single person there without a family
23		member
24	Q.	So far as Sister <b>LHW</b> was concerned sorry,
25		I interrupted you.

1	A.	A couple of others I forgot. There was a handicapped
2		girl there was there on her own, a couple of other
3		people on their own, but it was mostly groups, couples.
4	Q.	So far as Sister LHW was concerned, was she in charge
5		of the children?
6	A.	Yes.
7	Q.	At that time was there a mixture of boys and girls?
8	A.	Yes.
9	Q.	What about the age range? Can you help me with that?
10		What sort of age ranges are we talking about?
11	A.	Any age from about 9 to 15 or 16.
12	Q.	You were one of the youngest?
13	Α.	Yes.
14	Q.	Can I ask you about the sleeping arrangements? Can you
15		help me with that? What was the set-up there?
16	Α.	It was like, as I say what do you mean, sorry?
17	Q.	Did you have a dormitory or a room to yourself?
18	Α.	It was bedrooms with two and three beds in them. There
19		were two parts to the bungalow, so there were rooms up
20		one end all the way down to, like a T-shape, all the way
21		down to the bottom.
22	Q.	You've referred there to the bungalow; was this
23		a building that was separate from the main building?
24	A.	Yes.
25	Q.	You've mentioned that the main building was an imposing

1		or intimidating building.
2	A.	Yes.
3	Q.	But the building that accommodated the children was
4		a newer building, is that right, that had been built
5		some time after the old building had been built?
6	A.	Yes.
7	Q.	On your first day there I think you've told us that you
8		had the items that were given to you by the foster
9		parents; did anything happen to these items?
10	A.	Yes, Sister LHW when the social worker left,
11		Sister <b>LHW</b> had brought me into her office and she
12		took the stuff off me, said I wouldn't be needing them.
13	Q.	Did she tell you why you wouldn't be needing them?
14	A.	No.
15	Q.	What about the pyjamas? Did she take the pyjamas?
16	A.	Yes. I was given a pair of pyjamas from them with
17		a label inside it.
18	Q.	How did you react to these items being taken from you?
19	A.	I thought it was strange because they were given to me
20		and there was no harm in the stuff, it wasn't anything
21		bad. I was upset.
22	Q.	Were you crying?
23	A.	Yes.
24	Q.	Did Sister LHW say anything?
25	A.	No.

1	Q.	What were your first impressions of Sister LHW
2	A.	I was terrified. She was very scary. There was like no
3		emotion on her face. A very kind of strict, angry
4		looking face. No smile at all. As I say, she just
5		didn't look a nice person, like nice to be around, kind
6		of thing.
7	Q.	Okay. Just to go back to the sleeping arrangements,
8		I think you told me that you shared a room with other
9		girls; is that right?
10	A.	Yes.
11	Q.	How many girls did you say?
12	A.	Two other girls.
13	Q.	Were these girls of a similar age to yourself?
14	A.	Yes.
15	Q.	Did that remain the position during the time that you
16		were in Nazareth House?
17	A.	Yes.
18	Q.	What was your understanding about the sleeping
19		arrangements for other children? Was it a similar sort
20		of set-up with a number of children in different rooms?
21	A.	Yes. The boys, the two brothers would be in a room,
22		there'd be other down my end there would be, say, two
23		sisters across the way, then up around there would be
24		like people with their own bedroom kind of thing, like
25		the twins had their own bedroom. Stuff like that. So

1		there'd be either people coupled up in the bedrooms or
2		they would be sharing as I say, there were two rooms
3		with two, three beds in the room.
4	Q.	You mentioned in passing the twins, so there was at
5		least one lot of twins there when you were there?
б	A.	and .
7	Q.	And they shared a room?
8	A.	Yes no, no, sorry. They had one of the sisters
9		shared a room with another girl and the twin had her own
10		room separate.
11	Q.	Can I ask you about some aspects of the routine and
12		perhaps look first to mealtimes. How did you find the
13		food?
14	Α.	Oh, terrible.
15	Q.	Can you explain? What was so bad?
16	A.	I wasn't like really a fussy eater because, obviously,
17		at home I wasn't used to a lot of brilliant food, great
18		food, so I was grateful for, obviously, what I got to
19		eat because it was still something to eat, but I hated
20		this stuff. It was like peppered egg flan stuff with
21		a kind of biscuit base and these big huge Scotch eggs,
22		spicy Scotch eggs. I'm not trying to sound like
23		ungrateful because it's still food, but it made me
24		retch, it made me sick, and I was forced to eat it.
25		I absolutely hated it.

2		what happened?
3	A.	Obviously I wouldn't eat it and tried to refuse to eat
4		it, and the staff would go out of the dining room and go
5		and get Sister <b>LHW</b> at her office, because
6		Sister LHW didn't really come and be in around us at
7		mealtimes. She had the staff that would be working
8		there, maybe supervising. So she would go and get
9		Sister LHW and tell her I was refusing to eat my
10		dinner and then Sister <b>LHW</b> said I would sit there and
11		eat it until I wasn't moving until I ate it, so I had
12		to eat it.
13	Q.	Did she do anything to you to make you eat it?
14	Α.	No, she just sorry.
15		(Pause)
16	LAD	Y SMITH: We can have a break. No problem.
17	(11	.47 am)
18		(A short break)
19	(11	.57 am)
20	LAD	Y SMITH: Are you okay to carry on, Paula?
21	A.	Yes, I'm very sorry about that.
22	LAD	Y SMITH: No, there's no need to apologise. It's not
23		easy talking about things that happened in your life
24		a long, long time ago in difficult circumstances;
25		I quite understand that. If you need another break,

1		that's okay. Just let me know.
2	A.	I'm sorry.
3	LAD	Y SMITH: As I say, you don't need to apologise. All
4		right?
5		I'll hand back to Mr MacAulay.
б	MR I	MacAULAY: Before we had the break, Paula, I was asking
7		you about food and mealtimes at Nazareth House, and
8		I think you told us there was one particular type of
9		food that you did not like; is that correct?
10	A.	A couple.
11	Q.	Yes, you mentioned the Scotch eggs and the other egg
12	A.	Egg flan egg custard.
13	Q.	You told us about how the staff went to get
14		Sister <b>LHW</b> to persuade you to eat the food; is that
15		what happened?
16	A.	Yes.
17	Q.	Can you tell us what Sister <b>LHW</b> said or did?
18	A.	She was just shouting at me saying that I was to eat the
19		food and stop being so ungrateful, I wouldn't be budging
20		off the spot until I finished the food. Even though
21		I was holding it in my mouth and kind of thingummy
22		retching and stuff like that, she said that I'd I'm
23		not moving until I ate the food, so I had to force
24		myself to eat it and I was sick.
25	Q.	When you say sick, did you vomit?

1	Α.	Vomited	up	the	food.

- 2 Q. And what happened after that?
- 3 A. I was just sent to my room.
- 4 Q. How often did this happen?
- A. I had to eat it all the time. I hated it. I had to eat
  it all the time. She knew I hated it. If they could
  just take that away and give me something else, even
  just a sandwich or something, I would have been happy
  with that. I wasn't looking for anything fancy; I just
  hated those two things.
- 11 Q. Were these dishes regularly on the menu?
- A. Yes. You never got, like -- there was no choice of
  different foods, what you get today. It was like the
  basic food, like Scotch eggs and chips, maybe one night,
  that flan stuff the next night, and fish one night
  a week. I honestly can't remember what other foods.
- Q. Do I take it then that you just ate it because you hadto do that? That was the position?
- 19 A. Yes.
- Q. You're not suggesting that anything physical was done toyou to make you eat it?
- A. No, it was just Sister **LHW** -- the way she put the fear in me, you know? I thought, well, what would happen if I didn't eat it, kind of thing. So I wasn't waiting to find out or answering back, I just done as

1		I was told to do it.
2	Q.	Did you see if any other children had difficulty eating
3		the food?
4	A.	I think there were a couple of other people, but
5		I wasn't really making heed of it, it was just my own
б		situation, my own self kind of thing, that was upset and
7		that.
8	Q.	You tell us in your statement that from the very
9		beginning of your time at Nazareth House you went to the
10		local school; is that right?
11	Α.	Yes.
12	Q.	Can I ask you about that when you were getting ready to
13		go to school. Were you given clothes to wear?
14	Α.	Yes.
15	Q.	Can you tell me about that? What happened?
16	Α.	Sister LHW brought me in to her office and said that
17		I was to wear a jacket it came from the big house, it
18		was clothes, I think, that were either handed in or they
19		belonged to the retired nuns or whoever was in the big
20		house, like the older people, what I believed was
21		obviously the retired nuns and stuff. But the jacket
22		was, like, for an old person and shoes. So I had to
23		wear them two items. I can't remember what colour of
24		the uniform was. I know I maybe wore a skirt and jumper
25		and blouse, but I can't remember.

1	Q.	Wearing these items, did they cause you some concern?
2	A.	They did.
3	Q.	Why?
4	A.	Like I was only a young lassie I was only, do you
5		know what I mean, like 9 years of age, and I was wearing
6		stuff that maybe a woman of maybe 70 would wear, around
7		her. Old-fashioned, like really things that I'd
8		never been used to be wearing like that before.
9	Q.	Were you also wearing glasses?
10	A.	Oh, they were horrible National Health things.
11	Q.	What colour were your glasses?
12	A.	Pink or blue or brown you had a choice and I think
13		mine were brown.
14	Q.	How did this make you feel, the types of clothes you had
15		to wear and also the glasses?
16	Α.	I would like to use a word, but I don't know
17	LADY	Y SMITH: Just go ahead, please do.
18	Α.	I looked like a gomeril, I looked stupid. I don't want
19		to do it in the term anything to do with people with
20		disability, but I looked like a fool. I looked out of
21		place. Just ugly. I felt ugly because, obviously,
22		I wore the big ugly glasses with the rims and the old
23		woman's coat. It would be like the old woman's shoes
24		kind of thing. I didn't look like the other weans at
25		the school, I looked like horrible, stupid.

1	MR	MacAULAY: I was going to ask you about the reaction of
2		the other children about the way you looked.
3	A.	Oh, laughing, and saying look at the cut of that. You
4		know what I mean? Saying like slagging and nasty
5		names, a lot of bullies and people just mocking me and
б		laughing and stuff like that. I was just sat out of the
7		road on my own. I was embarrassed, but that's what
8		I had to wear.
9	Q.	So far as chores were concerned, I think you had to do
10		some chores when you were at Nazareth House; is that
11		right?
12	A.	Yes.
13	Q.	One of the things you tell us that you did was to go to
14		what you called the big house
15	A.	Yes.
16	Q.	to help in particular the sister in the kitchen.
17	Α.	Sister Philip, yes.
18	Q.	How did you get on with her?
19	A.	Oh, she was amazing. Absolutely amazing woman.
20		Sister Philip, probably in my bad years of
21		Nazareth House, like her time there, she was like
22		a light, you know, to me. I just felt like she was
23		a mother figure. She'd bring me into the kitchen to
24		help her and she'd give me little gifts when I'd go in
25		in the minibus with her to Marks & Spencer for the

1		weekly shop and stuff like that, she'd give you little
2		gifts, but she was such a kind, loving woman and she'd
3		give you a cuddle and stuff like that. She was a
4		really, really lovely nun.
5	Q.	Can I ask you about birthdays. Was your birthday
6		celebrated?
7	A.	Not that I remember.
8	Q.	What about Christmas? You spent at least one or two
9		Christmases there.
10	Α.	Yes. It wasn't really a Christmas was celebrated, you
11		went to Mass and stuff like that and you done your
12		prayers and stuff like that, because there was a chapel
13		just round the corner sorry, out the side gates of
14		Nazareth House. So you went round there and you done
15		the the night before Mass, Christmas thingummy. You
16		done all that kind of thing but you never actually
17		there was no like parties in the homes and stuff like
18		that. But we were took to the STV studios where the
19		people of the STV studios gave us some presents.
20	Q.	Right. But did you get any other presents in the home
21		itself?
22	A.	No, no.
23	Q.	Visits. Were you visited by your social worker?
24	A.	No. Very she just came to pick me up like, every
25		second weekend I'd get home leave, but she never

1		actually come in to visit apart from that, just to come
2		and drive me to Maybole, to my mother's.
3	Q.	Would you spend the weekend at home or at least part of
4		the weekend?
5	A.	I would spend Friday after school until maybe Sunday
6		lunchtime and she would bring me back to Nazareth House.
7	Q.	Was she kind to you?
8	A.	She was, very.
9	Q.	Can I ask you now about another matter and that's to do
10		with bed-wetting, if I can just explore that with you
11		for a moment or two. The first thing I want to ask you
12		is this: did you wet the bed before you went to
13		Nazareth House?
14	A.	No.
15	Q.	Did you start to wet the bed while you were there?
16	A.	Yes.
17	Q.	How long had you been there before that started?
18	A.	A few months.
19	Q.	Can you tell me what happened?
20	Α.	I just, obviously, went to bed and just obviously, if
21		I wet the bed, I had to get up and take the dirty bed
22		sheets up to the kitchen, to the woman that was there.
23		Sister <b>LHW</b> would be very angry that I'd wet the bed.
24		I got some kind of punishment, but I don't know what it
25		was, it wasn't like I think I got not to watch TV

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65

1		or something like that, but it was nothing like too
2		extreme. But I was embarrassed because I had to walk
3		up see, the kitchen in the bungalow, it was
4		open-plan, so you had the kitchen with a big kind of
5		counter and then you've got the dining room where the
6		actual tables and chairs were where the kids would sit
7		and eat their breakfasts, so they would see me going in
8		to give Rose the wet bedding and stuff like that. It
9		was quite embarrassing to do and very hard to do that
10		because all the kids' eyes would be on you knowing that
11		you had obviously given your sheets to the woman because
12		you had peed them and because normally what would happen
13		would be a cleaner would come round and strip all the
14		beds, but you were made to do that, you know, if you wet
15		the bed, take your own covers up, so the woman didn't
16		need to carry them.
17	Q.	How often did this happen to you during your time there?
18	A.	I must have wet the bed about four nights out of seven.
19	Q.	Did Sister LHW say anything to you?
20	A.	She was just always angry at me. She'd like, do you
21		know what I mean, say I was disgusting and there was no
22		need for it. Obviously I wasn't to get any drinks after
23		a certain time, but I don't think it was the drinks that
24		was making me do that, wet the bed. She was always very
0.5		

25

cross at me.

1 Can you remember what sort of things she'd say to you? Q. Just that I was a dirty child, do you know what I mean, 2 Α. I was to stop doing that, do I want everybody to know 3 that I'm filthy. Just like -- I can't remember a lot of 4 5 the stuff, but I know that she was always really, really angry about it, like over the top angry about it. 6 7 Q. Did you see if any other children wet the bed? 8 I think a couple of others did wet the bed, but I never, Α. like, as I say, watched them. Again, you know, you'd 9 10 just see them going into the kitchen again to give the stuff to that Rose or Elsa or sister ... Because they 11 12 liked to take them away kind of thing. I don't know 13 where they got took to. I don't remember if there was 14 a washing machine in the kitchen or if they got took 15 away to the big bit. Q. Can I look more generally with you at how you say you 16

17 were treated at Nazareth House. Particularly, I think, 18 in the first instance by Sister LHW. How would you 19 say you were treated by Sister LHW ?

A. Oh, terribly. She absolutely hated the sight of me. I thought I would get on the -- I would maybe get some kind of -- what's the word I'm looking for -- some kind of niceness out of her because Sister **IHW** and so am I, and I thought, like, okay, she'll see that I'm Obviously at that time I had a very stronger

1		, I came from , so I'm thinking
2		this woman's kind of got the same accent as me she's
3		so
4		I thought me and her could maybe make a connection,
5		because obviously when I was in <b>Example</b> I used to go to
6		help the nuns and my mum used to go up for food and
7		stuff like that, they were quite fond of me and stuff
8		like that. They said I was a lovable child.
9		I just thought if I got on this woman's good humour
10		or good side that she would I don't know, she would
11		be, like, nice to me.
12		I thought once she would
13		and a good Catholic wee
14		girl, and stuff like that, I told her about the stories,
15		how I'd met the Bishop of and this and that, like
16		he patted me on the head I thought this is what this
17		woman wants to hear, so she'll be good to me. She
18		absolutely hated me. She hated the ground
19		(Pause)
20	Q.	So you're telling us then that, notwithstanding your
21		expectations, the reality was different?
22	A.	I thought I could charm, as I say, this woman, but she
23		absolutely hated me.
24	Q.	How did that manifest itself? How did that show itself?
25	A.	She She'd just tell you, say if I tried to speak to

1		her, she'd say, "Go away, stupid child, go away". She
2		didn't want to act in conversation with you. She was
3		like, just fierce and mad looking and like kind of, "Get
4		out of my sight, away you go". You were bugging here.
5		She wanted you away. She wanted me to go away because
6		I was persistent. "Can I do anything for you and can
7		I go and do this?" She wasn't for having it. She just
8		wanted me out of her sight.
9	Q.	One of the things you say in your statement is that:
10		"Sister LHW made me feel worthless."
11	Α.	Oh, she did.
12	Q.	In what way?
13	Α.	She just told me that I was in there because I was a bad
14		child, my mother couldn't cope with me. That's why
15		I was in there and, like, I was evil. She said to me
16		on a few occasions she said that I wouldn't be getting
17		out of there until I was better, but I was confused
18		because, like, before I went in there, obviously I was
19		hit and stuff like that, but then I thought when I went
20		in there, things would be really good and sister would
21		maybe be, like, what's the She would feel like
22		what's the she would feel like
23	LAI	DY SMITH: Somebody who's comforting?

A. Sympathetic for the -- reading the file about the
beatings I had before I went in there and I thought

1		she'd be like comforting and maybe I don't know the
2		word. She would show emotion
3	LAD	Y SMITH: I don't want to put words into your mouth, but
4		it sounds as though you were hoping for comfort,
5		reassurance, warmth, and that wasn't what you found in
6		Sister LHW
7	A.	No, oh no. Oh no.
8	MR	MacAULAY: Can I ask you this, Paula: did Sister
9		ever hit you?
10	Α.	Yes.
11	Q.	Can you tell me about that?
12	Α.	I was in the cloakroom in the bungalow and I was told to
13		polish shoes. I was given a box with all these brushes
14		in it and all these different shoe polishes and I was
15		told to well, I was shown obviously what to do with
16		the cloth, put it on the shoe and then once it would
17		kind of dry a bit So I was in there anywhere, cut
18		a long story short, and then Sister <b>LHW</b> came in,
19		swung the door open and said, "I want to see you",
20		shouting, and I was like I can't remember for the
21		life of me what I'd done wrong. Maybe I had done
22		something like fallen out with one of the other kids
23		in the playroom, but she drew her hand back and gave me
24		an almighty slap right across the jaw.
25	Q.	How did you react to that?

1	A.	Oh, I was howling, I was like shocked, getting hit by
2		a member of staff, shocked by getting hit by someone in
3		a place that you didn't think done those things because
4		they'd get into trouble from the social work.
5	Q.	Was that the only time you were hit by her?
6	A.	Yes.
7	Q.	I think at that time, at least, there would be review
8		meetings
9	Α.	Yes.
10	Q.	during which your case would be reviewed
11	Α.	Yes.
12	Q.	by the social work.
13	Α.	Yes.
14	Q.	Is that right?
15	Α.	Mm-hm.
16	Q.	Did you complain?
17	Α.	I did. In the review meeting I think at the weekend
18		I'd told my mum, my weekend home, I told my mum what
19		happened, and her words to me was I don't like to say
20		this, but she says, "If she ever hits you again, hit her
21		back", and I thought I can't do that, you can't do that.
22		Do you know what I mean? So they had a review meeting
23		in the home and it was mentioned in the thing, my mother
24		said, "That woman hit my child, Paula told me that woman
25		hit her", and Sister <b>LHW</b> says, "Oh no, that never

1		happened, no, definitely not, Paula's been making
2		stories up, we've been finding this recently about her
3		that she's been making up stories and telling lies about
4		people and stuff like that and we are finding her a bit
5		of handful", things like that.
6	Q.	But you say in any event, Paula, that was the only time
7		you were hit by Sister LHW
8	A.	Aye, it was the only time I got hit, but obviously she
9		got me in other ways. I don't know, because, like, see
10		my mother was a very strict woman herself. She went
11		in I don't know whether she frightened Sister LHW
12		by voicing her opinion in the meeting and saying, "Don't
13		be hitting anything belonging to me, she'll hit you
14		back", kind of thing.
15	Q.	You've been telling us about Sister LHW 's attitude
16		towards you and that's I think what caused you the
17		greatest concern, that she behaved towards you in
18		a particular way
19	A.	Yes.
20	Q.	and essentially made you feel worthless, as you've
21		told us.
22	A.	Oh yes.
23	Q.	One other thing you tell us is that you would help with
24		food trolleys; is that correct?
25	Α.	Yes, I did.

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1 Q. What did that involve?

We were sent over to the big house to help, like if 2 Α. someone needed maybe a hand in particular. I don't know 3 4 if other kids -- I know kids took leftover dinners round 5 to the big bins and stuff like that, said it was for the 6 piqs. But you were to go in and do other jobs. As 7 I say, sometimes I would go in and help Sister Philip, maybe in the kitchen, you know, to do bits and pieces, 8 but then I had to go and help Sister 9 10 meals round to -- I think that was part of the kitchen thing, obviously I was sent to help Sister Philip in the 11 12 kitchen, so Sister LJS would come in with her trolley 13 to take the food round to the older people and I would 14 give her a hand with that.

- Q. I think you tell us on occasions you'd see older men andthey wouldn't be fully clothed.
- A. Yes. When Sister LJS would open the bedroom door and say, "I'm here to bring your tea", because it was the trolleys with the big round lid things on the thing, and, "Oh what have you got tonight?" Like, on one occasion I saw the old man with just a shirt on, but he had nothing at the bottom.
- 23 Q. That was just once that happened?
- 24 A. Yes.
- 25 Q. You also tell us in your statement that you went on

1		a trip to Lourdes.
2	A.	Yes.
3	Q.	Was there a reason for that trip?
4	A.	Sister <b>LHW</b> told me that I had to go to Lourdes to be
5		cured.
6	Q.	Did she say what
7	A.	She said it was a holy shrine where a lot of people go
8		that's got handicaps and they've got things wrong with
9		them and I said, "So what's wrong with me, sister?" and
10		she says, "You've got a mental illness", kind of thing,
11		"and if you go to Lourdes then obviously you'll get
12		cured there".
13	Q.	So how did you feel about that?
14	A.	Just a bit confused, because I thought I was like, all
15		right, you know, like kind of Just again, I didn't
16		question what the nun was saying to me because she was
17		important and what she was saying, it must have been
18		right.
19	Q.	Well, did you go to Lourdes?
20	A.	Yes.
21	Q.	And did you go there with a group?
22	A.	A pilgrimage of people that had something wrong with
23		them.
24	Q.	You mentioned earlier the fact that there were twins in
25		Nazareth House at the time. I think you tell us in your

1		statement that there was a contrast between the room
2		that one of the twins of and your bedroom. Can you tell
3		me about that?
4	A.	What was that, sorry?
5	Q.	You mentioned earlier there were twins living in
б		Nazareth House when you were there and that in your
7		statement you make a contrast between one of the
8		bedrooms that the twins had and your bedroom.
9	A.	What does "contrast" mean?
10	Q.	If you look at
11	LAD	Y SMITH: They were different.
12	A.	Yes.
13	LAD	Y SMITH: There were differences.
14	A.	Oh aye, yes.
15	MR I	MacAULAY: What you say in paragraph 76, it's on the
16		screen, is that the twins' rooms were lovely.
17	A.	They were.
18	Q.	Whereas you're comparing your room to their room;
19		what was your room like?
20	A.	Oh, my room was very basic. It was a room with three
21		beds in it. You had a wee brown locker thing at the
22		side of your bed, a wee cupboard that opened, and
23		I think there was a sink in the room. I'm not sure but
24		I think there was just the three beds and the crucifix
25		on the wall and that was it.

1 Q. You do tell us in your statement about an episode when you were 9 or 10 that involved an older boy. 2 3 Α. Yes. Can you remember what happened on that occasion? 4 Ο. Me and one of the girls that I shared the room with --5 Α. was her name -- we were like playing in the 6 7 playroom in the home, the bungalow, and this boy, he was about 15 or something at the time, asked me and 8 to come, he had something to show us. So 9 10 opposite the playroom, there was like your cloakroom and then there was a little toilet -- like the kind you get 11 12 (inaudible) a toilet on its own, so both could use, girl 13 or boy. He brought us into the toilet and pulled his 14 trousers down and pulled his private parts out and asked us to hold it. 15 And what did you do? 16 Q. Oh, we were screaming, we were feart. We screamed and 17 Α. 18 told the staff, who then related it to Sister LHW. And what happened? 19 Ο. He was gone the next day. 20 Α. 21 Q. You also --22 LADY SMITH: I'm just going to ask, if we get the microphone moved a little bit back. You are obviously comfortable 23 24 sitting --25 A. I'm sorry, I just can't sit back and relax like that, I

1		have to sit forward.
2	LAD	Y SMITH: No, no, we can sort this out for you. Sit
3		forward if you're comfortable like that. Let's see if
4		that's the best position for the microphone for you,
5		shall we?
б	MR	MacAULAY: You also tell us in your statement about one
7		of the volunteers who worked at Nazareth House, a man by
8		the name of Joe Duffy.
9	Α.	Yes.
10	Q.	What did you understand his position to be?
11	Α.	Joe Duffy was a person who drove the minibus. He took
12		us on outings and helped no, Sister Philip took the
13		minibus herself when she got messages. He done things
14		in and around the home and stuff like that with the
15		kids.
16	Q.	Was he there on a full-time basis?
17	Α.	Yes.
18	Q.	You tell us he had a front door key so he could go in
19		and out.
20	Α.	Yes.
21	Q.	I don't think you yourself were directly involved with
22		him, were you? You weren't directly involved with
23		Joe Duffy?
24	Α.	No. I was in his company, but obviously not directly
25		involved.

1	Q.	But did you see how he behaved towards some other girls?
2	Α.	Yes.
3	Q.	What did you see?
4	Α.	Oh, he was He was touching the girl, one of the
5		. We were took to the swimming pool
б		this would be about the weekend that I didn't go home
7		and myself and maybe seven other children would go to
8		the swimming pool. He was kissing and touching the
9		lassie in the pool and her legs was wrapped her legs
10		was wrapped round him, sorry, but I couldn't understand
11		it because, again, he was supposed to be an adult in the
12		home and he had a full grown man's body. You know what
13		I mean? The lassie was only wee, like.
14	Q.	Did you see any behaviour of that kind in the home
15		itself?
16	Α.	Uh-huh.
17	Q.	What did you see in the home?
18	Α.	Kissing and touching all the time and that in the living
19		room.
20	Q.	How obvious was that to people?
21	Α.	Oh, everybody seen it. Everybody knew it was going on.
22	Q.	What about any of the adults? Do you think the
23		adults
24	Α.	Oh aye, definitely. They would have seen it. The women
25		staff as I say, if Sister <b>LHW</b> wasn't about, say

1		she was maybe over doing her prayers in the big house,
2		or wherever she went, the other ones was there.
3	Q.	And I think, much later on, much more recently, you gave
4		evidence at a criminal trial
5	A.	Mm-hm.
6	Q.	where Joe Duffy
7	A.	I think as well, there would have been occasions, sorry,
8		that Sister Philip would have saw as well.
9	Q.	Sister Philip?
10	A.	Sorry, I'm sorry, Sister LHW . Sorry about that. I'm
11		just getting Sister <b>LHW</b> would have seen this
12		because the place was very open, a load of windows and
13		stuff like that. It was very for it it had been
14		going on for a long time and for nobody to notice, it
15		just I don't know. I wasn't the only one that seen
16		all that, though.
17	Q.	I think what I'd moved on to ask you is that it is the
18		case that, much more recently, you gave evidence at
19		a criminal trial
20	A.	Yes, I did.
21	Q.	in connection with Mr Duffy.
22	A.	Yes.
23	Q.	And he was convicted of abuse?
24	A.	Yes.
25	Q.	Of more than one person.

1	Α.	Five acquitted of two, but five.
2	Q.	Do you know if any others he may have abused were at
3		Nazareth House?
4	Α.	Yes, one boy killed himself. One of the boys of the two
5		brothers, he has had
6		a stroke and can't speak on his own, and what did you
7		say, sorry?
8	Q.	I just asked you the question whether you knew if there
9		were other children from Nazareth House who were abused
10		by Joseph Duffy.
11	Α.	I was the only one out of the seven that wasn't.
12	Q.	Can I then take you, Paula, to when you came to leave
13		Nazareth House. Can we move on to that point in time?
14		I think you went back home after you left; is that
15		correct?
16	Α.	Yes.
17	Q.	I think, so far as leaving was concerned, I think you
18		thought it was about 1984 when you were about 11 years
19		of age.
20	Α.	Yes.
21	Q.	At that time, is it right to say, that Nazareth House,
22		as far as accommodating children would be concerned, was
23		closing down?
24	Α.	Yes.
25	Q.	Again and you tell us this in your statement in

1		paragraphs 94 to 95 was life at home unhappy?
2	A.	Very.
3	Q.	Were you
4	A.	Unhappy, did you say?
5	Q.	Yes.
б	A.	Yes, very unhappy.
7	Q.	Did you require again to be taken into care?
8	A.	Yes.
9	Q.	You provide us with some detailed evidence in your
10		statement about your life in care after you were taken
11		back into care and in particular you were back into
12		Coylton Home in Ayrshire and you also went to the Good
13		Shepherd Centre in Bishopton; is that right?
14	A.	Yes.
15	Q.	I think you're aware today we're just concerned with
16		your life in Nazareth House; we have your evidence in
17		connection with these other establishments, which
18		we will not lose sight of, but today we are just
19		focusing on Nazareth House. Do you understand that?
20		I think you've been told that; is that right?
21	A.	Mm-hm.
22	Q.	Can I then look at life after you left care? Did you
23		then go back to stay with your father?
24	A.	I went to stay with my father, left Bishopton, went to
25		stay with my father when I was about 14, but it broke

1 down after a while. Q. Were you backwards and forwards then, after that broke 2 3 down? Did you go back to your mother? 4 Α. Yes. 5 Q. Again, were there difficulties there? 6 Α. Yes. 7 Q. You tell us, from paragraphs 142 through to 149, quite a lot of detail about your personal circumstances and 8 9 how life has been for you and in particular that you've had children over those years; is that right? 10 Yes. 11 Α. 12 Q. But at the moment, you're in a stable relationship and 13 you have a young daughter? 14 A. Yes. Can I ask you about the impact you think that having 15 Ο. 16 been in Nazareth House has had on you? Can you help me 17 with that? What do you think the impact of being there, 18 being in Nazareth House, has had on you? A. Oh, a very, very bad one. 19 Can you summarise that for us? 20 Ο. 21 What do you mean? Α. 22 Can you tell us what you think the impact has been? Q. Nazareth House has left me with ... God, this is 23 Α. 24 difficult. 25 Q. We don't need details because you've set it out in your

statement. If I can --

1

It's destroyed my life. I'm left with mental health, 2 Α. you know ... That I can't control, but obviously with 3 4 the help of doctors and stuff like that, thingummy --5 I've got a personality disorder, unstable personality disorder where I just feel like I can never do anything 6 7 good in life. You say I've got one child, I've got four. I've never had any -- my family -- my brothers 8 9 and sisters isolate me. They've never bothered with me 10 because they say that I'm the mad one that was in the nuthouse, I'm not right in the head. My mum said, 11 because I had meningitis, that this has left me like 12 a bad child. When I was young, the psychologist said 13 14 when I was in Nazareth House there was nothing wrong with me, I was a happy bubbly child, but now I've got 15 16 four or five different things wrong with me and I never -- I don't know, because obviously everything that 17 18 happened in there, in the other place, I just feel like my life's been stolen from me. Just bad. 19 20 Q. I don't want you to dwell on it today, Paula, because 21 you have set this out in detail.

- A. It's been from January this year, all this carry on -it's hard for me to be took back there.
- Q. Okay. I'll stop you there in relation to that. We have
  your statement and the detail in your statement.

1		But can I ask you this, and I'm now turning to the
2		end of your statement where you provide some information
3		about what lessons could be learned from your time in
4		care. Do you understand that?
5	Α.	Yes.
б	Q.	One of the things you do say this is at
7		paragraph 185 is that:
8		"Children in care need someone to talk to."
9	Α.	They do. Someone to listen to them, more support, take
10		on board what they're saying and obviously do something
11		about it, protect them, like in every way that they can.
12	Q.	The other thing you say is that you don't think that
13		nuns should be allowed to be care providers.
14	Α.	No, definitely not, no.
15	Q.	Just looking in summary in relation to Sister LHW,
16		what you say is that:
17		"[You] think that she caused a lot of pain and
18		suffering to a lot of people."
19	Α.	Yes. I just think that she absolutely hated children.
20		She maybe was in the having to look after us, she
21		avoided the position as much as possible. She didn't
22		want to do it, she was forced to do it. So therefore
23		she thought, "Maybe if I have to look after them, I'm
24		not going to like these weans, I don't want to be here".
25		So she made it as clear as possible. But it wasn't our

1	fault. It wasn't our fault to be put there.
2	Q. What you say towards the very end of your statement
3	and this is at paragraph 190 and it's on the screen
4	you say:
5	"I hope children in care will be treated more
б	humanely. I hope they will be safe, loved, listened to
7	and looked after."
8	That's your position?
9	A. Yes.
10	Q. "I hope life is good for children in care and that
11	no one has to go through what I went through."
12	That's your
13	A. That's right.
14	MR MacAULAY: Very well, Paula. Thank you for coming to
15	give your evidence today. I can see it hasn't been an
16	easy task for you, but thank you for coming and speaking
17	to the inquiry.
18	LADY SMITH: Can I check whether there are any outstanding
19	applications for questions? No.
20	Paula, that's the end of the questions we have for
21	you here. I'm very conscious of the fact that you've
22	engaged in more than one way, not just with the inquiry
23	but also in relation to the trial that you referred to
24	in retreating back into your time in care, and I do
25	appreciate that can't have been easy for you. But it

1	has been of enormous assistance to me in the work I have
2	to do with the inquiry for you to engage with us in your
3	written statement and in coming along today to give us
4	your oral evidence. So thank you for that and I'm now
5	able to let you go.
6	(The witness withdrew)
7	LADY SMITH: Mr MacAulay.
8	MR MacAULAY: My Lady, we probably have time to read one of
9	the shorter statements into the transcript.
10	LADY SMITH: Let's do that then.
11	Witness statement of "SHERYL" (read)
12	MS RATTRAY: My Lady, this applicant wishes to remain
13	anonymous and use the pseudonym "Sheryl". Her witness
14	statement can be found at WIT.001.001.8919. She was due
15	to give evidence orally tomorrow, but is now no longer
16	able to come due to health reasons.
17	"My name is Sheryl. I was born in 1961. My contact
18	details are known to the inquiry."
19	My Lady, at paragraphs 2 to 10 she provides some
20	background information about her family and her life
21	before she and one of other older brothers were admitted
22	to Nazareth House in Kilmarnock. She doesn't recall how
23	old she was, but she had already gone to school and made
24	her first communion. She thinks she was there for about
25	four years. The Nazareth House records state she was in

1 care in Kilmarnock for about a two-year period from around 1968 to 1970. 2 Turning to paragraph 11 on page 8920: 3 "A social worker called Gwen Chapman took us to 4 Kilmarnock. I recall driving through the big gate and 5 hearing the crushing of the white pebbles as we drove 6 7 over them. There was a big statue of the Virgin Mary, 8 then I recall seeing this massive building. It looked rather daunting. 9

10 "We were taken into what was called the parlour, 11 which was carpeted and had pictures of Jesus on the 12 wall. Sister LHZ then spoke to the social worker and 13 me and my brother and then the social worker left.

14 "I don't really remember what happened next. The 15 only thing I recall was seeing the big long corridors, 16 the dormitories, and lots of children and the fact that 17 the nuns took our toys off us and put them in a big 18 cupboard.

19 "There were two groups of children in the home, each 20 with a nun in charge of it. Me and my brother were put 21 into Sister THZ 's group. I think it was a yellow and 22 a blue group. We were then separated with me going with 23 the girls and my brother went with the boys. He was 24 three years older than me.

25

"There was a Mother Superior who died when we were

there. I remember them putting her body in the chapel and we had to see it. Then there was Sister LHZ and another nun whose name I don't recall but I seem to recall she was nicer than Sister LHZ. There were also civilian staff.

6 "On the first level there was an old folks' home and 7 our dorms were on the floor above this. I remember we 8 had to pass the old folk when going to bed and I was 9 always scared of them.

"On the ground floor there were male and female
dining rooms and a recreation room where we had to do
the full rosary every Monday and Friday. There was also
a washroom with old-fashioned sinks.

14 "I would say there were 20 to 30 girls and the same
15 amount of boys. I think the age group went from three
16 or four up to 16.

17 "There was between ten and 15 girls in my dorm and 18 we would get up at about 6 am. We would then get 19 washed, dressed and go down to chapel. We would then go 20 for breakfast before walking to school, which was 21 nearby; it was called St Columba's. We stayed at school 22 for lunch, then at 4 pm we would walk back to the home.

"We would have tea, then play in the recreation
room, which would sometimes be partitioned, either to
separate the boys from the girls, or to allow some to

watch a film. I can't remember supper but I think
 bedtime was about 8 pm.

"The food was terrible. They used to give you bread 3 4 that had been dipped in fat and I hated it. I told my 5 teacher in school this, but she must have told the nuns because later that night Sister LHZ stood up in front 6 of us all and told us all what I told the teacher. 7 8 I was sent up to the dorm to kneel in the hallways. I waited there for a few hours until Sister 9 10 finished her prayers. She then punished me with a bat. I don't recall how often she hit me but it was a lot. 11 12 This was done over my clothing.

"I didn't like the food and, while I can't actually remember what it was, I just recall not liking it. I remember that I used to eat and steal a lot of cornflakes.

17 "On several occasions I would refuse to eat what was 18 put down in front of me and they would force it into my 19 mouth. Sometimes I would vomit but I don't recall what 20 happened when I did. Before they did that, they would 21 make you sit at the table on your own to see if you 22 would eat it.

"I remember one occasion when they were forcing food
into my mouth. My brother was very protective of me and
got involved, but he just ended up getting into trouble.

1"On a Friday after school, we had what was called2a 'strip-down wash'. It was all boys and girls together3and we had to strip naked. Some would be as young as 34or 4, while the oldest was 15 or 16. I could never5understand why boys and girls couldn't eat together yet6we had to stand naked together at wash time.

7 "We had to stand in a queue and I just remember
8 trying to hide myself and being very embarrassed. We
9 then got washed at the big sinks using carbolic soap.
10 It was Sister LHZ who washed all of us, boys and
11 girls.

12 "There were baths on the second floor, which I think 13 we used at the weekends. I recall the water being very 14 cold, but I don't recall it being dirty. Again, we all 15 lined up to take our turn. Sometimes you were in the 16 bath with another child. I think a home help washed us 17 if Sister LHZ wasn't there.

We had a uniform for school and clothes for
a Sunday, which were called our Sunday best, though they
were all second-hand. There was a big box from which
they would give us all clothes for the week. This is
what you got changed into when you got back from school.
I recall we all had our name tabs sown on to the
clothes.

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"I liked school because our teacher was a really

nice young woman, though it was her I told about the
 bread and who must have told the nuns what I said.
 I remember her cuddling me and that was the first time
 I'd ever been cuddled.

5 "On a Saturday there was a baker down the road who 6 used to donate cakes at the end of the day. Two of us 7 would get picked to go and collect them and I was one of 8 those picked now and again. The only other trip 9 I recall was the annual outing with the tax drivers to 10 Troon which I enjoyed.

"Our own toys were taken off us when we first 11 12 arrived at the home. There was a play park out the back 13 which had swings and I think they put hobby horses out 14 there. They might also have put out some toys, but 15 really the only thing I remember about toys is seeing 16 ours in a big cupboard and not being allowed to play with them. There was a TV in the recreation room but 17 18 you could only watch it at certain times. There was no 19 record player or radio and I have no recollection of books or comics. 20

"On one birthday Gwen Chapman, the social worker, bought me a leather school bag but the nuns took it off me as soon as she left. I don't recall which of my birthdays it was, but it's the only thing I remember about birthdays in Nazareth House. I have no memories

1 at all of Christmas or whether or not it was celebrated. "The only chores I remember is that at the weekend 2 3 we had to go down on our hands and knees and polish the 4 lino in the big hallways. 5 "I never got any visits from family. Gwen Chapman, 6 the social worker, came to see me maybe twice a year. 7 There was something that stopped me telling her what was happening in the home. I think it might have been 8 because the teacher had told the nuns what I had told 9 her. 10 "If there were any official visitors, then I was not 11 aware of them. 12 "I have no recollection of ever seeing a doctor or 13 14 a dentist while at Nazareth House. "I didn't ever run away while at the home. My 15 16 brother did once but was quickly caught. I didn't see

him get beaten for doing this, but I certainly heard him screaming in agony when they beat him for running away. It broke my heart listening to his screams.

20 "The use of a bat to hit us was the main form of 21 discipline used on us. I seem to recall a small cricket 22 bat and a tennis racket being used. I have no idea how 23 often I was punished but I just recall kneeling in the 24 corridor waiting to be punished a lot.

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"I was a bed-wetter nearly every other night. If

they discovered that you had wet the bed then at teatime that evening your name would be read out and you would have to go upstairs and kneel in the hallway and wait until Sister LHZ came along to beat you. Of course this meant you spent the whole day knowing you were going to get a beating.

7 "When they discovered you had wet the bed, you had
8 to take a cold bath. I remember smelling of urine
9 because the cold water wouldn't take away the smell.
10 They would strip the bed but I don't recall what
11 happened to your pyjamas. You weren't punished at that
12 point.

I3 "I used to try and hide the fact that I'd wet the bed, but when I did it meant my sheets and pyjamas would still be wet when I went to bed that night.

16 "You were never called by your first name. There
17 was a permanent sense of fear, especially a fear of God.
18 I had a picture of Jesus by my bed and always believed
19 he could see everything I did because the nuns said so.
20 It was terrifying.

21 "My brother told me years later that a priest raped 22 him at Nazareth House but he didn't tell me the priest's 23 name.

24 "There was one time in the middle of the time when
25 Sister LHZ was at my bed. She said I had something

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wrong with my private parts and told me to lift up my nightie. She then put cream on my private parts. J don't recall having anything wrong with my private parts and wonder if this was a sexual assault. Why would she do that in the middle of the night? Surely that sort of thing would be done during the day.

7 "Other than the fearful atmosphere there was, as 8 I've said, the continual beatings, often for nothing. 9 Probably the worst thing about that was the fact that 10 you had to kneel in the hallway for what seemed like 11 ages knowing what when the wait was over, you were going 12 to get a beating."

13 My Lady, from paragraphs 52 to 97, Sheryl tells us 14 of her unhappy experiences in a foster placement with her brother. Ultimately, the children were returned to 15 16 their parents who were separated. Sheryl chose to live with her mum and her brother chose to live with her dad. 17 18 She describes her life after care and growing up as 19 a nightmare and has suffered from problems with her 20 mental health.

21 Moving now to page 8934 at paragraph 98, where 22 Sheryl speaks of the impact on her of her life in care: 23 "I feel that the first 12 years of my life, all 24 those years in care, have ruined my life. It has never 25 left me. There's not been a day in my life that

1 I haven't thought about it. I've been ridiculed about it and told none of it ever happened. 2 3 "I've always felt sorry for myself and have a chip on my shoulder. I have never had anybody that stuck up 4 5 for me other than when I was in one relationship. He 6 stuck up for me when he was good. When he was good, he 7 was good, but when he was bad, he was bad. "I seem to move from one volatile relationship to 8 another and I think I was just simply looking for 9 10 somebody to love and who would love me in return. I have never fitted in anywhere and have moved all over 11 Dundee all my life. 12 13 "I have always felt that I was never a good mum as 14 both my children became heroin addicts and my son had died through it. I sometimes feel that if I hadn't gone 15 16 through the care system at a young age I would have made a better mum and my children wouldn't have taken to 17 18 drugs.

"Sister LHZ has stayed in my nightmares all my
life and was one of the reasons I ended up seeing
a psychiatrist. In the 90s there was an article in the
News of the World and it was about a woman who was the
first person who came forward to talk about her time at
Nazareth House.

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"When I saw the article, I realised that I hadn't

1 been imagining what had happened to me and that it had happened to others. I contacted her and we got talking. 2 I gave a statement to the police about my time in 3 4 Nazareth House." 5 My Lady, now turning to paragraph 106 on the 6 following page, 8935: "I hadn't tried to get hold of my records, but 7 8 Future Pathways are supposed to be helping me get them. "I really think that social workers should be giving 9 more care as to where they are putting children. They 10 should be doing more checks because that never happened 11 12 to us. 13 "In fairness to Gwen Chapman, I was always too 14 scared to tell her what was happening to me so maybe she 15 couldn't act on it, but I'm sure my brother's behaviour 16 must have given cause for alarm. 17 "I have no objection to my witness statement being 18 published as part of the evidence to the inquiry. I believe the facts stated in this witness statement are 19 true." 20 21 The statement was signed by Sheryl on 21 May 2018. 22 LADY SMITH: Thank you. I take it that you are suggesting that I rise now 23 24 for the lunch break?

25 MS RATTRAY: Yes, my Lady, and this afternoon we will have

1	at least one, if not two, read-ins.
2	(12.51 pm)
3	(The lunch adjournment)
4	(2.00 pm)
5	LADY SMITH: Ms Rattray, when you're ready.
6	Witness statement of "ELLA" (read)
7	MS RATTRAY: This is a read-in from a witness who wishes to
8	remain anonymous the pseudonym "Ella" will be used.
9	Ella is unable to give oral evidence for health reasons.
10	Her witness statement can be found at WIT.001.001.8723:
11	"My name is Ella. I was born in 1948. My contact
12	details are known to the inquiry."
13	In paragraphs 2 to 4, Ella describes her family
14	background and the lead-up to her going into care at
15	Nazareth House Kilmarnock. In short, she has little
16	memory of life before care.
17	Moving now to paragraph 5 on page 8724:
18	"Nazareth House was run by nuns. The two nuns
19	I recall that were the main carers for us were
20	Sister LKK, who was all right, and Sister LQM
21	who was the main instigator of the abuse. There were
22	a couple of civilian staff but I cannot recall their
23	names. The civilian staff stayed separately from the
24	nuns and would mainly work in the kitchens. The nuns
25	looked after the children.

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1 "There were separate dormitories for older girls. The first dormitory was on the same floor was the 2 nursery. The nursery was sited at the end of this 3 corridor. Another dormitory was on the top floor above 4 5 the nursery. I started in the dormitory on the top floor. When I moved there, I was at the bottom of the 6 7 social order and there was a lot of bullying from the older girls. 8

9 "It was mainly girls that I recall residing at 10 Nazareth House. I have a video showing some of us 11 dancing. On the video is a voice in the background 12 telling us it was bedtime. When we went to the nursery, 13 it shows some boys there. I never recalled there being 14 boys, but they are definitely on the video. I suspect 15 they transferred when they started school.

16 "I have memories of the day I was admitted to17 Nazareth House when I was around 2 years old."

18 My Lady, Ella recalls being admitted to 19 Nazareth House at the age of 2 and we shall hear that 20 she recalls leaving when she was almost 14 years old. 21 This would be from approximately around 1950 to 1961 or 22 1962.

The records for Nazareth House Kilmarnock give an
admission date of 1951 and a leaving date of 1955.
There is possibly a readmission date later in 1955 that

1	might apply to Ella, but nothing further:
2	"I have memories of the day I was admitted to
3	Nazareth House when I was around 2 years old. I recall
4	it being a big building. I was holding on to a man's
5	hand as we walked up the gravel footpath. There was
б	a large front lawn and I remember a gardener planting
7	flowers.
8	"My first memories after arriving are when I was
9	around 4 years old. In the nursery I remember I would
10	rock the babies there to sleep. That seemed a safe
11	place.

"In the dormitories we had our own beds. There were 12 13 no bunk beds. In the upper dormitory there were around 14 20 beds. In the other dormitory there were many more 15 beds. The dormitories housed girls of all ages.

16 "I recall the time of leaving the nursery and being taken to the main dormitory. One of the civilian staff 17 18 held my hand as we walked downstairs. There were a row 19 of girls and they were chanting my name and shouting, 'You will be one of us soon'. I was holding on tight to 20 21 this woman's hand and remember being really afraid.

22 "The nuns occupied a self-contained room within the dormitory. They would observe you from their room 23 24 through the curtains of the door. Sister stayed in the lower dormitory and Sister LKK the upper 25

1 dormitory. For some reason, I was moved from the upper to the lower dormitory. My bed was the one allocated 2 directly beside Sister LQM 's room. 3 4 "We were woken between 5.30 and 6 o'clock, seven 5 days a week. The nuns would pull back the bedclothes to 6 waken you. You were expected to kneel on the stone-cold 7 floor for prayers. You would be expected to recite 8 prayers in unison and loudly. If the prayer was called out wrongly or you were not loud enough, you started 9 10 again. Sister LOM would whack you with her hand or with an instrument she held and state, 'Speak up, 11 12 child'. You would repeat the prayer and, if not correct 13 before school was due, you would leave and miss out on 14 breakfast. I missed breakfast on many occasions.

15 "After prayers, we would get washed and put on our
16 clothes for school. It was always cold within the
17 dormitories and as we entered the hallway, I tried to
18 warm myself near the pipes and radiators.

"In the evening, between 6.30 and 7, the nuns would have their own routine with singing and reciting their prayers. During this, we were made to stand on the stairway for long periods. When they were finished, we said our prayers and went to bed. It did not matter whether it was a school night or weekend, there was no such thing as a late night.

1 "We had chores to complete and this took place on Saturdays. The long hallway had radiators with pipes 2 with metal grates. We had to lift the grates and clean 3 the channel out with our bare hands. The rats were 4 still running along those channels. We would scrub the 5 floors of the dormitories and clean the bathrooms. Τf 6 7 you did not feel fit to or did not want to do the 8 chores, you were made to do them by yourself.

9 "The chores would take us up to lunchtime. If it 10 was not raining, we would be allowed out to play after 11 chores. While playing, the nuns would watch over us 12 and, more often than not, it was Sister LQM.

"On Sundays we would be still up at 6 o'clock.
We would go to Mass, then back for breakfast. After
breakfast we were kept in the playroom and made to
listen to Sister LQM pontificate about religion.
I tried to tune her out as I sat near the window. All
the children were made to be there.

19 "We were never allowed to have any outside 20 activities like Brownies or anything similar. There was 21 no interaction with the children on the outside. The 22 only thing I was ever allowed to do outside was an 23 occasional visit to a swimming pool in Kilmarnock.

24 "Breakfast always consisted of porridge with lots of
25 sugar. You were so hungry all the time you tried to

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make sure you ate in the morning. It was the same every morning, whether a weekday or weekend.

"I don't recall having lunch at the school. I must have walked back to the home and returned to school. The walk would be about half an hour in each direction.

6 "Before the evening meal, we had benediction, 7 usually around 5 o'clock. This was at the chapel and we 8 knelt on the wooden benches. If you were late, you were 9 hit with the belt from Sister **LQM**. She would just 10 lash out with the belt and you were hit wherever it 11 landed. If it was not just from her uniform, she would 12 also produce a belt from her pocket.

Benediction was every day and lasted for about
30 minutes and then we went for tea. The only part of
the meal I recall was it was always contained potatoes.
There may have been other foods, but never fruit.

We were not allowed in the kitchen except when it was our turn to wash the dishes. If you were not in the kitchen, your job was to clean out the dining room. Sometimes the other nuns were present and you were able to have a conversation with them. This was a good deal because it was not as difficult as cleaning out the grates.

24 "During primary school I attended St Columba's25 School, Kilmarnock. There were a couple of children

with learning disabilities and they were sent to a special school. "On my first day at school I was taken there by the same lady who transferred me from nursery to the older girls' dormitory. I went into a panic and was screaming all day and found it a really terrifying experience. My feelings were the school had no experience in how to handle someone who was terrified and screaming. "There was a large turnaround of girls. A lot were only in Nazareth House for about six months to a year

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before they either moved on or returned to their families. To my recollection, I was the only permanent resident. The girls arrived with many issues and I felt insecure in their presence. Because of their problems, it was difficult to form any relationships.

16 "Although I settled, no one took time to teach me
17 social skills or show me affection. Because of this,
18 I did not know how to interact with other children.

19 "After being accompanied to school by staff, I was
20 about 6 years old when I was allowed to go on my own or
21 in the company of two or three of the other girls.

"I remember the school reported me to the home formisbehaving. When I returned to Nazareth House,

24 Sister LQM was waiting on me. She made me go to 25 the attic where the water tank was. I was told to stay

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1	there until she was ready and she locked the door.
2	There were rats in that room, which were running around.
3	I was screaming and I passed out. Only when I was no
4	longer screaming did she open the door and pull me out.
5	That was not enough for her as she produced her belt and
6	hit me all over the body with it. I was around 8 years
7	old.
8	"When we were home from school, we would change into
9	play clothes. Depending on the mood of
10	Sister LQM we were allowed to play on the swings
11	in the garden. If the weather was bad, we played inside
12	in what they considered to be a playroom. There were
13	not many toys in the playroom.

14 "Clothes were issued to each of the children from 15 a large cupboard in the locker room. You were lucky 16 in the clothes fitted you. Most of the time it was 17 either smaller or larger and the nuns told you to wear 18 them anyway.

"Secondary school was at St Joseph's Academy.
I enjoyed my time there as I had a sense of freedom.
I was able to walk there unattended and I did a lot of
exploring around the area. I was there until second
year.

24 "The only breaks from Nazareth House were during the
25 school summer holidays. We were fostered out to various

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1families. My first visit during my primary school years2was to the Highlands. I stayed with the sister of the3school principal in and for some reason I was4there for about six months or longer. She was a single5lady with no other family.

6 "She rented out her spare room to a gentleman and 7 from records I read, I had to share the bed with her. I 8 recall nosing around the house when she was out. When 9 she discovered this, she was so irritated and punished 10 me by making me strip naked. She made me stand in the 11 kitchen sink while other kids from the area played in 12 the gardens outside.

"One day the man who rented the room was running
around the house in his underwear. I got such a fright
I ran away. She telephoned the Social Services.
Miss Winthrop was on her way to collect me when she
found me walking on the main road.

"I reported the abuse at Nazareth House to the
Social Services including the incidents at 
A few years ago, I saw some of the my Social Services
records. Within those records was a copy of a letter
from Miss Winthrop to the lady in 
The letter
apologised to the woman for my behaviour. Despite what
I had reported, they still blamed me.

I also saw within the records relating to this woman

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1 that a boy was placed in her care for a time. I found 2 this wrong as Social Services were putting another 3 person in danger."

4 In paragraphs 39 and 40, Ella provides some further 5 information about her holiday experiences staying with 6 other foster families, in connection with one particular 7 family she goes on to say:

8 "My relationship with them continued into adulthood 9 and I still see them to this day. They were a very 10 caring couple. You could talk to them and they would 11 comfort you if you fell or if you were ill. If they 12 were in Kilmarnock for any reason, they called at 13 Nazareth House to see me. This was the first piece of 14 goodness I found in my entire life.

15 "At Christmas we were given a brown bag containing
16 some fruit. This was great because we were never fed
17 fruit during the rest of the year. There was only one
18 year I recall a tree being decorated.

"Sometimes some Americans attended at the home and
took some of us out in a bus and we would visit
Prestwick for the day. I only remember one Easter when
a really large egg arrived for the children which we
shared. Birthdays were not celebrated at
Nazareth House. The only thing that happened was one of
the nuns would announce so-and-so's birthday and that

1 was it. I did get a cake one year from my mother, but this was shared with everyone." 2 3 In paragraphs 45 to 47 Ella provides information 4 about persons who visited the home and I'm now moving to 5 page 8731 and paragraph 48: "Throughout my early life, I was quite ill a lot. 6 I have not been able to find out what was wrong. On one 7 occasion I recall being in Kilmarnock Infirmary and 8 being surrounded by a group of student nurses and 9 10 I panicked. "While at Nazareth House there were many occasions 11 when I suffered from vomiting. Now matter how ill 12 13 I was, it was always my responsibility to clean up the 14 I would use whatever cloths were available. mess.

15 "When I was 9 or 10 I had an issue with bed-wetting.
16 If I wet the bed, Sister **LOM** made me stand with
17 the wet sheet over my head. I would have to stand there
18 until the sheet had dried.

19 "When I was around 10 years old, I was in a bed with 20 some material around the bed like curtains. As I was 21 getting out of the bed, I could see someone through the 22 curtains. One of the older girls with an Irish accent 23 approached the bed. She was about 15 or 16. She pulled 24 down the bed covers and was pulling up my nightie. 25 I was shouting for her to leave me alone. I kicked out

at her and my resistance was enough that I was able to run away. Sister LQM was watching all this as she stood at the door. At no point did she try to intervene or stop the girl in any way. She never spoke to me about it. I'm not sure what happened to the girl; I never saw her again.

7 "Within Nazareth House there was a lot of bullying.
8 Normally, I could stand up for myself and look people in
9 the eye. While playing outside, a group of the girls
10 would throw stones at me and jump on top of me.

11 Sister LQM watched this happening but would not 12 assist. She would somehow blame me for this and punish 13 me. She shouted I was a sore point on her side. There 14 were many occasions the others were outside playing and 15 I would be made to stay indoors.

16 "Sometimes when Sister LQM was annoyed, she 17 would make me stand in a corner facing the wall and 18 a blanket was placed over my head. I was not allowed to 19 speak and the girls would not be allowed to speak to me. 20 This was a common occurrence on a Saturday. I was not 21 the only one and observed other girls being punished in 22 this manner.

23 "Sister LQM"'s punishments varied depending on
24 whether other were present. If there was no other
25 adults she would make you stand in the corner, use the

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belt on you, or just hit you. On one or two occasions she locked me in the attic where the water tanks and rats were. She was very sneaky with her punishments.

Bath times were once a week on a Saturday. We were
all stood in line naked. One by one we used the tub to
get washed. The water was never changed, so if you were
at the end you bathed in everyone else's dirty water.
The windows were always open and it was extremely cold.
If you misbehaved at any time, Sister LQM would
hit you with the belt across your ankles.

III "Some of the assaults of Sister LQM included pulling my hair, dragging me on the floor and frequent use of the belts and instruments. The fear was constant. They did not realise the problems it caused. I became a fearful and nervous child. There was no safety net, no one to speak to, or anywhere to go for relief.

"If the nuns had to attend a service or were busy as
a group, the older girls were left to supervise us.
They never knew any better and, if anyone misbehaved,
they would punish you in the same manner they witnessed
from Sister LQM.

23 "It seemed that the daily routine was more
24 structured to a religious order than to childcare. If
25 they did not fall into this order, there were

1 consequences.

2 "Miss Winthrop approached my aunt, who was already
3 fostering children, to see if she would take me because
4 my mother was attempting to take me to her house.
5 Everyone was concerned about me going to my mother's
6 house. This was the first time my aunt knew I existed.

7 "During my last year when I was nearly 14, my aunt 8 came to see me. She had got in her car and drove to 9 Nazareth House. She spoke to me and told me about my 10 mother, cousins and wider family. My aunt went back to 11 Renfrewshire and spoke to my mother. She told her she 12 had visited me. This was the first time my mother 13 realised other people knew of my existence.

14 "The day I left, I was dressed in play clothes but 15 there was something different about the atmosphere. 16 Sister **LKK** asked me if I wanted to stay with the 17 foster family or with my mother. I wanted to stay with 18 the foster family because I never knew my mother. Later that same day, a woman I later found out to be my mother 19 20 came to Nazareth House and took me away. I thought 21 I was going to another foster home as I did not know 22 this woman.

"I remember going on a bus to Renfrewshire. When
I arrived at the house, there was an older lady sitting
in a chair."

1 In paragraphs 63 to 65, Ella describes her relationship with her mother and I'll continue at 2 3 paragraph 66 on page 8734 where Ella says: 4 "Despite the Social Services being involved with me 5 from the time I left hospital at 18 months, other than transporting me to the foster homes in the summer, they 6 7 never visited me or checked up on me while I stayed in Nazareth House. There was no channel for children to 8 9 report anything to." 10 In paragraphs 67 to 70 Ella describes some aspects of her life after care. Moving to paragraph 71 on 11 page 8735, Ella speaks about the impact on her of her 12 life in care: 13 14 "From my life in Nazareth House, I had difficulty in maintaining relationships with family and friends. 15 16 There was no one you could talk to, no family 17 connection. Because of the constant change of girls 18 in the home, you could not build any friendships. 19 Nobody taught you how to converse with others and this 20 impacted on my early adult life as I would have problems 21 speaking to people and expressing myself. I have worked through the difficulties and I am a much more confident 22 23 person today.

Whenever a teacher or anyone outside in the town
spoke with you, they would always say, 'Oh, you poor

child'. This continued into my adulthood. I recall meeting a lady at the airport who was from Kilmarnock. After striking up a conversation with her, I revealed I had been a resident at Nazareth House. She came out with the same expression, 'Oh, you poor child'. There was never anything special about you; you were just a poor girl.

8 "As a result of my time in Nazareth House, it has 9 taken time to build a positive identity of myself and 10 a feeling of self-worth.

"When I was about 35 or 36, I went for counselling.
Through that, I was able to understand myself better.
I was an avid reader and read up on self-help books.
I used those tools to self-manage and it helped me to
build confidence and that I was a person of worth. I am
aware of my fears but I can now manage them.

17 "I put myself through school and obtained
18 a bachelor's degree. The counselling and education was
19 a great benefit to me.

"I have seen some of my records from Inverclyde but not all. I have written to Nazareth House in London to see my records, but was only supplied with limited versions. I would like to see my medical records to fill in why I was initially in hospital as a child and for a time during my stay at Nazareth House.

1"I have written to Future Pathways with a view to2accessing my records, but to date I have not received3any response from them.4"Later in life I found out that my mother was paying510 shillings a week to Social Services during the whole

6 time of my life in care. They were taking money from 7 parents but weren't providing a safe haven for children. I would assume that, like my mother, most parents 8 trusted that Social Services were protecting their 9 10 children. I'm left wondering what Social Services were doing with the money. If Social Services had taken 11 their responsibilities seriously, I believe many of 12 13 these abuses would not have happened. As I see it, 14 Social Services is the key link to all of these homes.

IS "I hope the inquiry can make some requirements on organisations by compensating the victims, not just monetarily, but by provide a platform for counselling and help get their self-worth back. Perhaps Lady Smith would be able to provide a platform for children to report any abuse and that they are not alone and that someone is there to listen to them.

"I have no objection to my witness statement being published as part of the evidence to the inquiry. I believe the facts stated in this witness statement are true."

1	The statement was signed by Ella on 16 May 2018.
2	LADY SMITH: Thank you.
3	MS RATTRAY: My Lady, if we can move on to the final read-in
4	for today.
5	LADY SMITH: Yes.
6	Witness statement of "ANGELA" (read)
7	MS RATTRAY: My Lady, this is a statement of an applicant
8	who was a child in care at Nazareth House, both in
9	Aberdeen and Cardonald. She now lives in Australia and
10	has chosen to send the inquiry a signed statement that
11	she prepared herself. The inquiry's legal team decided
12	that it would not be necessary for her to give oral
13	evidence, which would otherwise have been given by live
14	link; instead, parts of her statement are to be read in.
15	This applicant wishes to remain anonymous and to use
16	the name "Angela". Her statement can be found at
17	WIT.003.001.2918.
18	My Lady, before I read parts of the statement I'll
19	say something about admission dates. Angela was born in
20	1968. In her statement she says she was admitted to
21	Nazareth House Aberdeen in 1972 when she was aged 4.
22	She says she doesn't now how long she was there before
23	her dad took her back. She thinks she had started

24 school. She then says that she returned to25 Nazareth House Aberdeen after a short time when she was

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aged 5, which would have been in around 1973 or 1974.

She says that she stayed there until she was aged 12 2 when she moved to Nazareth House Cardonald. 3 4 Accordingly, this would have been in around 1980 or 5 1981.

Angela says she stayed at Cardonald for six months 7 before returning to Nazareth House Aberdeen. She then 8 left Aberdeen when she was fostered at the age of 13, which therefore would have been around 1981 or 1982. 9

10 The admission records for Nazareth House give an admission date to Aberdeen in 1974 and a leaving date 11 12 some seven to eight months later in 1975. The next 13 dates shown are for a period of about 13 to 14 months 14 from 1980 to 1982.

So there appears to be a large gap, but I think the 15 16 inquiry is aware from other sources of evidence that 17 this applicant was certainly in Aberdeen probably during 18 the periods she says.

19 LADY SMITH: Thank you.

MS RATTRAY: "I was 4 years old when my siblings and I were 20 21 first placed in care. It was a children's home in 22 Glasgow, I think. It was really scary. The kids ran wild and did whatever they wanted. We weren't there 23 24 very long before we placed in Nazareth House. It was 25 1972. I remember it being a scary experience as I don't

1 recall ever having been around nuns before and they were scary in their long black flowing robes and the house 2 was huge and I guess to a young child it was very 3 4 overwhelming and strange." 5 Angela then provides some information about her 6 family background in Glasgow where she and her older 7 brother and sister were living with her grandparents and 8 her dad before her dad decided to place her and her siblings in care. 9 10 I'll continue from the start of the third paragraph halfway down the page: 11 "Fast forward a short while and we ended up at 12 13 Nazareth House Aberdeen. I have spent many years 14 getting over the stigma of being brought up in a children's home. The feelings of worthlessness and 15

16 never being the same as the other kids at school or the 17 feelings of not belonging and feeling unwanted.

IN many ways, Nazzy was a safe place. You got to stay in bed all night and never got dragged out a window and had to spend hours up the steps in the close waiting for everything to calm down before you could go back inside.

"In other ways, Nazzy was a hard place. There were
lots of older kids and they could be rough and bully
you, particularly if, like me, you were tiny for your

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age and what they called one of the good girls who never got into trouble.

"I think I learnt from a very young age to stay under the radar and try and not to be noticed. I was placed with my siblings in the care of

6 Sister LJI . There was a young sister there, 7 I think she was in training, Sister Brenda, who 8 I remember being kind and reading me stories at bedtime. 9 She made it less scary at the time.

10 "I shared with room with my sister and two older girls. They weren't very nice and they didn't seem to 11 be there that long. I remember something happened, I am 12 13 not sure what, but I do recall Sister 14 out of a room and closing the door behind her, her veil was all pulled out of place and she was busy organising 15 it and getting herself back to normal. At the time it 16 17 was thought that one the girls had done this to her.

18 "Sister LJ had her favourites and they
19 seemed to get whatever they wanted, but I don't remember
20 feeling upset about this; it was just the way it was.

"It was scary at night. I'm still terrified of the dark because of the group. It was so big and we were in the bottom bedroom and if you wanted to go to the toilet at night, it was a really, really long walk down a hall. You then had to open a door halfway down and then down the rest of the hall to the toilets at the
 bottom on the right. It was really dark and I remember
 being really scared.

4 "I remember there was sometimes a kid at the bottom 5 of the hall who would be standing there and be in 6 trouble for wetting the bed. I guess they felt the way 7 to stop him wetting the bed was to humiliate him and make him stand there like that, down near the toilets 8 instead of being in bed. I have always felt sorry to 9 10 what we called the 'wee-the-beds' as they seemed to have it rough. 11

12 "I don't ever recall wetting the bed but I recall 13 being so scared and not wanting to get out of bed in the 14 dark to go to the toilet and by the time I got out, I'd 15 almost wet myself on the way trying to get there.

16 "I don't know how long we were there before my dad 17 came and took us back to Glasgow. It must have been 18 a little while as I think I'd started school."

19 My Lady, Angela then describes how life hadn't 20 changed for her in Glasgow and describes herself and her 21 older sister running away from home to the Social Work 22 Department, so they could return to the convent where 23 they felt safer.

24 Moving now to page 2919 and the start of the second 25 paragraph there:

"So back to Nazzy we went. I had to have my teeth
seen to while I had been in Glasgow as I had had an
accident and had smashed my front teeth. The dentist
would come into the home. He had his own room set up in
our group. To this day, I fear anyone in white coats
and I'm terrified of doctors, dentists, hospitals and
have panic attacks at being in a hospital.

"I don't know why no one talked to you at the time 8 and explained what was happening. I had a metal thing 9 10 with all the pink gunk shoved in my mouth and I felt that my mouth was going to split apart. This happened 11 12 many times over the years as my plate often broke and the front tooth would either fall off or I'd swallow it 13 14 while eating food. As a result, I have a massive overbite to my jaw because of this and have for years 15 16 lived with the effects of bad dentistry.

"I think this is a thing that most kids in care can 17 18 relate to. I don't remember there ever being any advice about brushing your teeth and dental care. Years later 19 20 when I finally got to meet buy birth mother I met my 21 younger sister and brother and I remember my sister 22 telling me how she'd had problems with her teeth and how mum had fought to get her proper dental treatment. She 23 24 has perfect teeth and to this day I feel that if only we had been brought up by my mum I would have great teeth. 25

It sounds silly but to me it's significant.

"From the very first sign of a tooth coming through, 2 3 my children's teeth were brushed and cared for. 4 I remember back then we would queue up outside the 5 dentist's door waiting to our time to go and then you'd wake up in the playroom where you'd been dumped to come 6 round after the gas. This was just terrifying and you 7 8 always seemed to wake up with a big filling or a tooth 9 missing.

"There were good times. We would go on holiday to
Tombae during the summer holiday and this was when my
birthday was. I remember a big long table, lots of
kids, and feeling special as it was my birthday. I'm
sure there was a cake. I have beautiful memories of
Tombae and today it is one of my favourite places in the
world.

17 "We would be given cartons of juice and then we'd be
18 off out with the staff and walk over the hills and
19 countryside. It was so beautiful and free.

20 "I have memories of Sister LJ having ripped 21 up old sheets and wrapping our hair so we would wake up 22 in the morning with ringlets. It made you feel special 23 to have this treat and as I was usually the scruffiest 24 kid on the block it made you feel pretty.

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"We also got to use our pocket money in the shop at

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Tomintoul and buy a little souvenir for our family. The nuns also had some chalets at the beach in Aberdeen and during the summer we would spend time down there.

4 "At Christmas there would be children's parties and
5 we would all stand in a queue for a present. As my
6 brother hadn't returned to Nazzy with us, I often
7 worried about him and missed him. He did come back to
8 Nazzy eventually but it seemed to be after some
9 considerable time. He'd got into trouble in Glasgow and
10 I think he'd spent time in borstal.

"When he came back, we had a different nun, 11 Sister LMQ She was very different from 12 Sister \_\_\_\_\_ and I don't really remember liking 13 14 her very much. She didn't seem to like us and would 15 often talk about her other girls from wherever she was 16 previously and how they were so nice and she often threatened she would send them all our hair bobbles and 17 18 slides as they would appreciate them much more than us, that we wouldn't need them and she had a big thing about 19 cutting girls' hair. 20

"One of the girls couldn't find other hairbrush or hadn't brushed her hair enough one day and the nun just grabbed her really roughly by the hair and pulled it into a ponytail and then just cut it off in one go and sent her to school like that. She was one of the

Proddy or Protestant children. They were always sort of less in the home as they weren't Catholics. I'd never use that phrase nowadays, as I really have no interest in whether people have a faith or what they believe in. But definitely in those days there was always a difference between the Prods and the Catholics. I think it's just how it was.

8 "I personally couldn't care less who or what you 9 believe in. I think it's about being a decent person 10 and if you're decent to those around you then, if there 11 is anyone up there when you pass, then at least you've 12 been decent in life and no one can be blamed for that. 13 Personally, I gave up on religion a long time ago.

14 "This poor girl was just little and it was so awful and her hair was just hacked. It was a mess. Then soon 15 16 after I remember my sister talking to Sister and telling her not to cut my hair or she'd tell my 17 18 granny and I still to this day am not quite sure how she managed it, whether my sister just couldn't believe it 19 was happening, but Sister LMQ basically told her if 20 21 she didn't cut my hair, she would cut hers and LMQ did just that. 22 Sister

"My poor sister had a job of working down at the
parlour with the parlour nun. When the nun saw her she
was shocked and asked what happened. My sister refused

to go to school until it was sorted. She's the only girl I remember being taken to a hairdresser's.

3 "There is a photo of some of us kids out the front 4 of the house with one of the Mother Superiors. She had 5 had her leg broken, I think, in a car accident. My 6 sister's hair must have been cut not long before this as 7 it is very she short and up until then we always had 8 very long hair.

"I remember mostly being very scared of 9 10 Sister **LMQ** and trying to keep out of her way. Although I do remember that she had a nice thing about 11 making gypsy skirts with little frilly hems and 12 13 I remember she made me one of those. It was nice and 14 I really liked it. She also loved 'The Little House on the Prairie' and we would all sit and watch this in the 15 16 TV room.

I7 "I got through most of my life at Nazzy by staying under the radar and trying very hard not to get into trouble and spent most of my time reading anything I could get my hands on. I lived my life through those books, travelling up the Faraway Tree to magical places and, as I got older, going on adventures with the Secret Seven and the Famous Five.

24 "Sister LMQ is the nun that I find difficult to 25 think about as I feel she caused the disconnection

1 between my brother and my sister and myself. Some of that is to do with the fact that, when my brother 2 returned to Aberdeen, she wouldn't let him be in our 3 group. This decision affected my relationship with my 4 5 brother and though I have tried many times over the years to get a relationship with him, it has never been 6 maintained and I blame this decision for the start of 7 a very tough road for my brother. 8

"After Sister LMQ left, I have memories of 9 10 being moved to a different part of the house. It was along past the laundry and it was downstairs in a modern 11 part of the house. It was where Sister 12 13 had used to be with her group of children in the home. 14 They were like an elite group in the home, they got the best of everything: they went to different places on 15 16 holidays and they even went to different schools from the rest of us. I don't know what happened to 17 18 Sister LDX

, but she just left. They even had . They were the lucky kids.

"Our group had been, I guess, the middle of the pecking order and there was also Sister LRB, I think, who had been upstairs from our group, and then there was Sister LSI 's group, which was on the street to the side of Nazzy. This was where my brother was put with the big boys.

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"The nun in this new group, I recall, was
Sister LJS. She was lovely, so friendly and very
different from Sister LMQ .

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"I thought things were going to be good with this new group and it was much more relaxed. I remember fun times like decorating the tree at Christmas and the tree being so big that they had to chop off some of the top to make it fit. However, as things were, they weren't always good. It was I think the scariest experience I had in Nazzy. The problem was that when Sister went to bed and shut her door, the big boys ruled the group. I remember one night I was in the same room as my sister and her friend and the big boys were roaming the corridor outside and knocking on the door trying to get into the girls' room. They ended up waking up one of the younger kids so it was screaming and I recall my sister and her friend shoving me out of the door to go and see to the little kid so that it would be okay and telling me that I'd be okay, that I was too little and the big boys wouldn't hurt me.

"There's lots of stuff from that time that I have
blocked and I have never been able to look at despite
counselling sessions. I think that's the mind's way of

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dealing with things and I have no way of telling you
 what occurred, but I do remember being in a room with
 older boys and I remember being scared and my mind
 closes and I cannot go past that point.

5 "As an adult, I feel like it wasn't okay that 6 we were put in the situation of being at the mercy of 7 these older boys. I don't even think some of them were 8 meant to be in the group as they seemed to be only there on a night. I recall that some boys, as they got to be 9 10 older, would live in little rooms to the side of the house, opposite the kitchens, near where the mortuary 11 was, as I remember. As my brother got older, he had one 12 13 of these little flat room places.

14 "Another night I remember that a man came and sat 15 rocking on the wall outside our bedroom window. He just 16 rocked back and forth, back and forth. It was scary. 17 But the gates were usually left open and often I guess 18 homeless people would come in and sleep in the Variety Sunshine Coach Van. For a time I think there must have 19 been some issue as I recall police were doing drive 20 21 rounds to check on things.

"When I was 9, my sister left to go to Glasgow for
the weekend and never came back to Aberdeen. I wish
someone had sat me down and explained to me all that was
happening but they didn't.

"I think that was one of the hardest things, that
decisions happened around you which had an enormous
impact on your life, yet you were never given any idea
of what, why or when; it just happened that one day you
were going to be doing this and the next day those
people who had come to mean so much to you weren't there
any more. It was hard.

8 "When I was 12 years old I was moved to 9 Nazareth House Cardonald. I don't really remember much 10 about this time other than I was very unhappy and 11 I think this was when I first really showed signs of 12 going in on myself, as I call it.

"By then my sister and brother had both left 13 14 Nazareth House and it was thought that it'd be better if 15 I was back in Glasgow and nearer to my family. I can 16 see the reasoning for this, but it didn't work out and 17 I requested to go back to Nazzy in Aberdeen as that was 18 the only place I'd ever really considered to be home. I only stayed in Cardonald about six months and then 19 20 I was back in Nazzy Aberdeen.

21 "There were fewer kids when I returned to Aberdeen
22 and it was Sister **LHA** who was in charge of
23 the group. She was a lovely kind lady and I remember
24 times of walking alongside the river in Tombae with her
25 listening to her saying her rosary and prayers. She was

a good lady and I enjoyed the time of being back in Aberdeen.

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3 "There were hardly any children left at all by then.
4 I didn't realise that the convent was closing its doors
5 to kids and that we were all due to be moved out. Of
6 all my experience of childhood, it was this decision to
7 foster me out that was the one to have the biggest
8 impact on my life.

9 "People often ask do I blame the nuns and, apart 10 from Sister LMQ I don't. I mean, yes, I think 11 that we could have been better cared for emotionally. 12 I don't think anyone ever really thought back then about 13 the damage and impact that trauma and adversity can have 14 on children in those days.

15 "The label of 'delinquent' and the stigma of being 16 a kid in care was forever with you. I can still hear 17 the echo from the past of, 'Who'd love you? Even your 18 own mother left you'. It was cruel and no one ever made 19 it better. But then that was the life we lived, things 20 happened, and you just moved with it and tried to 21 understand the best that your brain could at the time.

22 "For instance, one day we were all at the swimming
23 baths in **Sector**, Aberdeen. We would often go
24 there with the staff. On this day there were two young
25 boys who were new to the home. I'm not sure what they

1 were really doing there as they didn't live in the home but they were there with us for that day. One of the 2 3 little boys died, he drowned. I think he was sick as he 4 jumped in and choked on it. I had nightmares for years 5 afterwards about that little boy. No one ever asked us 6 if we were impacted by that experience, no one ever 7 hugged us and told us it was okay to feel sad and 8 scared.

9 "I will never forget the sight of that little boy 10 lying by the side of the pool and the colour of his 11 skin. It was so awful. I'd seen dead people before 12 in the convent. When one of the old people died, they'd 13 sometimes have an open coffin in the church and that was 14 scary enough, but they were old people, not a young kid 15 who had been alive and breathing a few minutes before.

16 "No one was able to talk about it. It was 17 a horrible time with us all being warned not to say 18 anything if we answered the phone in case it was 19 a reporter or someone wanting to ask us questions. We 20 didn't really understand what was wrong, just that 21 something bad had happened and that the little boy was dead and that his family were very unhappy and somehow 22 it was our fault because he had been with us. 23 That 24 memory stirs up other feelings of unease."

Angela then describes staying with a woman who

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1 worked at Nazareth House, that she didn't like the woman and she felt unsettled and uneasy. Soon after, she 2 3 stopped staying over. 4 I'm now going to move to page 2922 and the second 5 paragraph near the top of the page: 6 "Things were changing at Nazzy and there were not so 7 many kids left and they would eventually stop having 8 children and instead only have old people. So the 9 decision was made that I was to be fostered. 10 Apparently, my photograph was put in the local paper asking for people to foster me. I don't know if this is 11 12 true, but it's what my first foster parents told me. 13 I have always hoped it wasn't true as I can't believe 14 people would really treat you like this, advertising you 15 as if you were a stray dog." 16 She describes an unhappy fostering experience when

17 she was aged 13, which lasted for about 18 months. She 18 says she was fortunate as there were social workers in Aberdeen who came to talk to her and ask her how she 19 20 She was able to phone a social worker who listened was. 21 to her and arranged to move her to a two-week emergency 22 placement. She says this was a significant moves as the 23 people she was placed with became her parents and 24 grandparents to her children today.

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I will not return to page 2923 and the second

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paragraph where Angela speaks of the impact on her of her life in care:

3 "I still struggle with feelings of inadequacy at 4 times but work hard not to let this show to the outside 5 world. I feel I'm able to use my experience of my 6 childhood in a way that helps others, as I work within 7 the child protection industry and my role is to recruit, 8 train and support foster carers.

"It is hard to do my job at times as it can be 9 10 emotionally draining and you really have to give of yourself in this role and at times I struggle with 11 12 whether the system really works or continues to abuse 13 the children who are in the system in ways that we are 14 only recently coming to understand, particularly the damage that emotional abuse can have on children and the 15 16 impact of not maintaining the sibling relationship can 17 be catastrophic, as has been proven in my case, as 18 I have never been able to heal the relationship with my brother. 19

I count myself as one of the lucky ones. I have grown up, had children, and now have grandchildren and have a life where I have always worked and supported myself independently. I currently live in Australia with my two sons and my two grandchildren.

"There are things I struggle with from the past.

1 The constant buzz in my head from having learned from a young age to keep everything inside of me and not talk 2 3 I apologise for everything, whether it's something out. 4 I've done or not. It has taken so long to try and get 5 over the shame and embarrassment of having been brought up in care. Now it's like it's all here again as it's 6 in the media. 7 "I can't say I never saw people being humiliated, as 8 I did. The emotional abuse is the toughest thing to 9 10 bear as it's something you can't see, yet leaves scars that never heal. The fear of the dentist and anyone in 11 white coats is something I have never managed to 12 13 conquer. 14 "I wish I could have been brought up by my mum and have a proper relationship with my birth family as 15 16 I feel like I have never fully belonged anywhere. I think in life we're always searching for the place 17 18 where we belong. I thought I'd found it in marriage, but after 20 years that broke down and I still struggle 19 20 to find where I fit in the world and what my purpose in 21 life was for. It's like you never really truly belong

23 "Did I grow up blaming the nuns for all the wrong in 24 my life? No. Do I wish that it is acknowledged that 25 things weren't the best and that we young kids were not

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anywhere.

treated the best? Yes, I do. But I blame the Social Services also. Until I was transferred to Aberdeen Social Work Department, I do not recall any social worker coming and talking to me about what was happening in my life or asking my opinion or for me to be involved in any decisions that were about my life.

7 "No one has ever explained to me why they never got in touch with my mum and told her we were in care. 8 I was 38 before I was able to have any relationship with 9 10 my mum; she died the week I turned 40. Do I have regrets that no one ever thought to get in touch with 11 12 her? Yes, I do. She had no idea we had been placed in 13 care. She thought we had been brought up with my dad 14 and she was sure that he had never hurt us like he did 15 her.

If I felt like we were abandoned at the convent and that no one cared. I did not feel worthy of care or that I mattered. Am I bitter about the care that I received at a child and young person? No. I refuse to let my childhood define who I am today. It was something that happened to me but it is not who I am.

22 "The system was wrong. It hurt and damaged children 23 but we got through and I'm proud of who I am and how far 24 I have come and, in all honesty, when I look back to 25 Nazzy and the nuns I mostly remember the positives: the

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1 feeling of safety and being cared for and happy times of kids grabbing all the cushions off the sofa and placing 2 them along the hall in high piles and running and 3 4 rolling over these cushions. I remember climbing trees 5 in Tombae and wandering for many hours through the Highlands. Whenever I hear the song 'Flower of 6 7 Scotland', I remember going in the minibus with the kitchen nun to Marks & Spencers to pick up the food that 8 was all beginning to go out of date and we always had 9 10 treats on that day and we would sing along with her in the van on the way there and home. 11

12 "There was good alongside the hard times. It has been a challenge writing this and, sadly for me, the 13 14 rawness of opening doors to things that I don't like to talk or think about has caused me some emotional 15 16 upheaval and I have had to seek support from my doctor to help with anxiety. It is not easy to think about 17 18 these times. It is not easy to grow up never knowing 19 where you belong or where you fit in. To have people 20 look at your children as babies and say they look like 21 their dad, but no one can say that for you, as who knows what you looked like as a baby. There are no photos of 22 23 that time. When I was 38, I saw my first ever baby 24 photo. It was quite overwhelming.

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"We have learned much over the years about child

1	protection and how to care for children better. An		
2	understanding of the impacts of trauma on children and		
3	the impacts of abuse and neglect and the importance of		
4	building connection and positive self-esteem with		
5	children. Life in care had a significant impact on who		
6	I am, but it's also about the individual and their inner		
7	strength and resilience."		
8	The statement was signed by Angela on 23 April 2018.		
9	LADY SMITH: Thank you very much.		
10	MS RATTRAY: My Lady, that concludes the evidence for today.		
11	I will now hand over to Mr MacAulay, who will update		
12	your Ladyship about tomorrow's programme.		
13	LADY SMITH: Thank you.		
14	MR MacAULAY: Yes, my Lady.		
15	Coming on to tomorrow's programme, we know,		
16	of course, that Helen Holland is coming back for the		
17	afternoon, at 2 o'clock. In the morning, at 11 o'clock,		
18	there is to be a video link with Aberdeen. It has been		
19	set for 11 o'clock because of the logistics in setting		
20	it up.		
21	Before that, as presently advised, the plan is to		
22	have another witness. There is a slight question mark		
23	over that at the moment. That will be clarified after		
24	4 o'clock.		

25 LADY SMITH: Very well.

2	emails after 4 o'clock and they will be told.
3	LADY SMITH: And the website will be updated?
4	MR MacAULAY: It will be on the website as well, yes.
5	LADY SMITH: Thank you very much. I'll rise now until
б	tomorrow morning at either 10.00 or 11.00, but that will
7	be confirmed later today.
8	(2.52 pm)
9	(The hearing adjourned until
10	Friday 1 June 2018 at a time to be determined)
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MR MacAULAY: So perhaps my learned friends can look at the

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